



New Zealand
Naturist Federation

Season's
Greetings

gonatural News

CLUB SECRETARIES:

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WITH YOUR MEMBERS.



Print a PDF version of this newsletter for your notice board by clicking on the print icon.



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December
2017



Website



Facebook



Twitter

President's Message

Season's Greetings everyone. Well, hasn't it been an exceptional early summer so far! The temperatures have been amazing - maybe almost too hot for some - with all areas of the country enjoying many sunshine hours and dry conditions.



It's an exciting time of the year as clubs start to buzz again with activity and visitors. Please remember to be friendly and welcoming towards visitors to your club. This isn't to overwhelm them, when it's possibly a new experience to them, but to make them feel included should they wish to be and so they know they can ask any questions if they have them.

This time of year can be tough for a lot of people due to loss or illness of a loved one, loneliness or financial/work stress. So let's be kind to everyone and,

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even though we're busy with our own things, make time for others - we mightn't be aware someone is struggling and this simple act could make a real difference to them.

I really do look forward to meeting a lot of you at the AGM and Rally at Wellington Naturist Club. Please seek me out if there's anything you'd like to chat about.

I would like to take this opportunity to sincerely thank each of the Executive for their dedication and passion this year. It has been a full on 12 months with a lot taken on and a lot achieved and I appreciate each of their efforts in their roles and contributions to Federation business as a whole. Special gratitude goes to June who has worked tirelessly for the past 10 years and is not continuing with the Secretary role.

Finally, thank you to all our affiliates and members around the country for your ongoing support of the Federation and for getting on-board with what we're doing.

Wishing you all safe travels wherever you go this summer and my very best wishes for 2018.



Regards Naturally,
Donna Miller

SUMMER 2017/18

Love the Skin You're In



The NZNF's summer campaign "Love the Skin You're In" is now active on [Facebook](#) and [Twitter](#) and gaining some attention. An article has also been written for the latest edition of *gonatural* Magazine and the

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NZNF Executive 2017

[President](#)

Donna Miller

[NIVP](#)

Nick Lowe

[SIVP:](#)

Jeremy Kelleher

[Secretary:](#)

June Campbell-Tong

[Treasurer:](#)

Wendy Lowe

[Youth & Marketing](#)

[Co-ordinator:](#)

Chris Pester

[Database Secretary:](#)

Christine Bowers

[Internet Co-ordinator:](#)

Hans van Asperdt

NZNF Appointments

[NZ Naturists Secretary:](#)

Christine Bowers

[Federation's blog](#).

The concept, which aligns to our *gonatural* tag-line of 'health and well-being', will focus on two really important issues that many are faced with today - negative body image and mental health awareness.

A negative body image is one of the key reasons that more people do not embrace the naturist lifestyle. And depression, anxiety, stress, loneliness and grief affects those close to most of us at some stage.

Most of us know or have experienced how both of these issues can be greatly assisted by living the naturist lifestyle and believe that clothes-free recreation and getting close to nature could form part of a person's journey to whole health.

We will continue to post, comment and share throughout the summer, however our posts and articles can only reach so many. The best recommendation is always from a friend so we hope that you will join us in spreading the word which just might help someone with their struggle. Share our posts and our blog. Take a risk and tell your friend or loved-one about the benefits you've experienced as a naturist and encourage them to give it a try.

If you have experienced struggles in the past with either a negative body image or aspects of mental health and have found that naturism was the key to finding some relief, maybe you could write and share your story. This can be done anonymously and might just help someone with their journey.

The NZNF website has a lot of the answers to [questions frequently asked](#) along with information about the physical [benefits of naturism](#).

If you have any queries or would like to share your story, please do not hesitate to contact the [President](#).

LUSH New Zealand



FRESH HANDMADE COSMETICS

Recently the NZNF was approached by the Communications Specialist for [LUSH Cosmetics NZ](#).

LUSH proudly promotes positive body image globally

[Merchandisers:](#)

Andrew & Donna Miller

[gonatural Business](#)

[Manager:](#)

Noel Thomas

[gonatural Editor:](#)

Michael Moore

[Archivist:](#)

Les Olsen

[Sports Officer:](#)

Errol Flynn

[Social Media Officer:](#)

Carley Sudlow



gonatural Magazine

The December 2017 issue of *gonatural* Magazine is now available - [subscribe now](#)

gonatural Products

[Shop online](#) now for quality *gonatural* branded caps, tee-shirts, bum towels, tote bags and BBQ aprons.

and adopts a 'no Photoshop' stance in terms of any imagery produced.

"We believe people should be proud of their bodies no matter what form they take and have consistently promoted this message via our (sometimes controversial) campaigns, many of which feature LUSH staff" Jackie, Communications Specialist, says. In October 2015 this caused a bit of a stir with their 'We Prefer to Go Naked' campaign with one Australian shopper complaining to the Advertising Standards Board.

Rather than shying away from this sort of publicity, they are undeterred and continue to uphold their body-positive brand and are very keen to align with the NZNF in sharing the message about the importance of 'going naked', the issue of body positivity and how important it is to love the body you're in.

Donna Miller met Jackie recently for an interview and commentary around the benefits of going naked and discussed the mutual synergies between the LUSH and *gonatural* brands. Hopefully the story will feature on their website over the summer period.

This year, the limited edition Christmas range from LUSH has gone "naked" or package-free creating a number of new products like solid body conditioners and shower gels which cut out packaging entirely. LUSH have offered a hamper of these "naked" products which will go to [Wellington Naturist Club](#) to be auctioned at the Percy Cousins Trust Auction during the Te Marua Pioneer Village rally.

We're very excited about this rare opportunity for the NZNF in sharing the benefits of naturism in a corporate setting.

If you have any queries, please do not hesitate to contact the [President](#).

AGM REMINDERS



[Shop Online](#)

Subscriber List



Subscribe directly to our newsletter list and the updates will then be emailed directly to you without having to wait for it



Business Papers

The full set of Business Papers have now been distributed to each affiliate by our Secretary.

Please ensure that these are forwarded to your Delegate so they can either print them out or have access to them on a device.

If you have any queries, please do not hesitate to contact the [Secretary](#).

Delegate for the AGM

If you have not already done so, please advise the Secretary with details of your Delegate as this will assist with accurate and timely distribution of votes at the meeting.

If you have any queries, please do not hesitate to contact the [Secretary](#).

RALLY REMINDERS

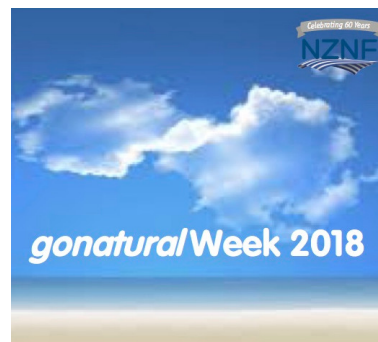
Non-registered Events

A reminder that WNC have made some events available to those who are not registered for the full Rally. Some of these are:

- 28 Dec - Wine and Cheese; jazz band and supper - \$25.00 p/person
- 29 Dec - Casino Evening - \$25.00 p/person
- 30 Dec - Comedian - \$20.00 p/person
- 31 Dec - New Year's Eve Party - Itchy Coe Park - \$30.00 p/person
- 1 Jan - Pool/Darts, Movie Night - FREE
- 2 Jan - Catered Dinner - NZNF 60th Anniversary

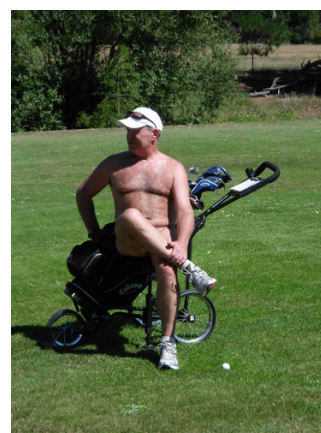
to be forwarded to you - [join list here](#)

gonatural Week



gonatural Week will be held around the country from January 20th to 29th 2018.

Nude Golf International



Have you ever wanted to play naked golf? Well here is your opportunity. The **Nude Golf International** tournament, hosted by [Wai-natur](#), will be held at Wairau Valley Golf Course in Marlborough on **Sunday 25th February**. All the details are available on

60's dress up theme; Percy Cousins Trust Auction - \$40.00 p/person *

- 3 Jan - Karaoke Night - FREE

For a full list of the events and costs for non-registered persons, including a full day visitor fee, please see the [website](#). If you have any queries, please contact the [Registrations Officer](#).

* RSVP required before 15th December 2017

Meeting Notification

We will be holding an informal meeting on January 3rd from 10:30am for members interested in the promotion aspect of your club.

The meeting will be held in the upper meeting room and the purpose will be to:

- discuss the upcoming events and summer campaign
- share ideas for promotion opportunities
- recap on the findings from the Workshop
- talk about how the Federation can assist your club

If you have any queries, please do not hesitate to contact the [President](#).

YOU CAN HELP

Rally Host

A host club (or joint hosts) is still being sought for the 2018/19 NZNF Festival / Rally.

There will still be the opportunity to express your club's interest in hosting the next Rally at the AGM so please consider this.

It would be a shame indeed if we had to skip having a Rally for a year due to not finding a host.

If you have any queries, please do not hesitate to [contact](#) the President.

gonatural Products

their [website](#).

Club Events



We want to promote and support your events this summer, in particular any open or visitor days. Please email details of these to our [Social Media Co-ordinator](#) so they can be shared on our [Twitter](#) and [Facebook](#) pages.

Important NZNF Dates

**November 19th / 20th
2017**

NUDVAN Christmas and
Sports Weekend

December 28th 2017

NZNF AGM
Wellington Naturist Club

December 28th 2017 ~

January 3rd 2018

Te Marua Pioneer Village
Wellington Naturist Club

January 2nd 2018

NZNF 60th Anniversary



Andrew and Donna Miller have enjoyed being the Merchandisers for [gonatural Products](#) since the start of 2015.

Due to a change in situation, they are looking to hand this role over to a new Appointee who is keen to manage the products and orders.

The products are awesome, but an injection of fresh ideas and marketing will only make the *gonatural* Products range even better.

Andrew and Donna would be happy to answer any questions you may have so send them an [email](#).

***gonatural* Magazine**



Noel Thomas, the *gonatural* Magazine Business Manager, has advised that he wishes to step down from his role to enjoy some well-deserve time travelling with his wife.

Since taking over the role from Kay Hannam in late 2015, Noel has continued to manage the magazine with dedication and professionalism and his efforts have been greatly valued and appreciated.

Noel will continue in the role until a replacement is found.

Our magazine is a hugely important tool to promoting the naturist lifestyle so we are seeking someone with passion, determination, attention to detail and organisation skills to take on this crucial role.

If you have any queries or would like to provide an expression of interest, please do not hesitate to

January 15th 2018

gonatural Magazine article
deadline

January 20th to 29th 2018

gonatural Week

January 27th 2018

A Day Without Bathing
Suits

February 1st 2018

Skinny-Dipping Down a
Moonbeam

February 25th 2018

Nude Golf International

April 15th 2018

gonatural Magazine article
deadline

contact the [President](#).

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