

Rules for 3 Down

3 Down is a fun game to play. It can be a great equaliser as there is more luck than skill at times. We hope you enjoy the game.

Object of 3 Down:

1. Have fun.
2. To score points by having your sacks land and stay on the board or go down the hole.



How to set up 3 Down:

The boards are set up opposite each other being 6 to 8 metres apart. 8 metres for competition. This should be measured from the front of the boards. This will enable the players to stand either side in turns standing at the front but not in front of the board. If measured from the back of the board players stand behind the board to play. We play in a Kubb court with the boards 300 – 500mm over the line and stand behind the line to play.

Scoring:

For competition use a blackboard/whiteboard and record the ends like indoor bowls. This will include the spectators seeing the results and cheer for their team.

How to play the 3 Down:

3 Down can be played as 2 singles playing each other, or as 2 pairs playing each other or as a group of individuals playing each other.

Singles

1. As Singles, you either play with one board and stand behind a line and play in turns.
2. With two boards playing together from the same end back and forth.

Pairs/Team

1. As a pair your partner/team member is at the opposite end to you.
2. You each stand with a player from the other team.
3. You do not swap ends.
4. From one end the players take turns to throw their teams coloured sacks.

As a Group

1. As a group of individuals with one board you throw the 4 sacks one at a time.
2. Scores are recorded.
3. A winner is declared after all players have had the same number of turns.
4. I.e., the first player may have a total of 21 points after 5 ends but must wait until all players have had 5 ends to be declared the winner.

Rules for 3 Down:

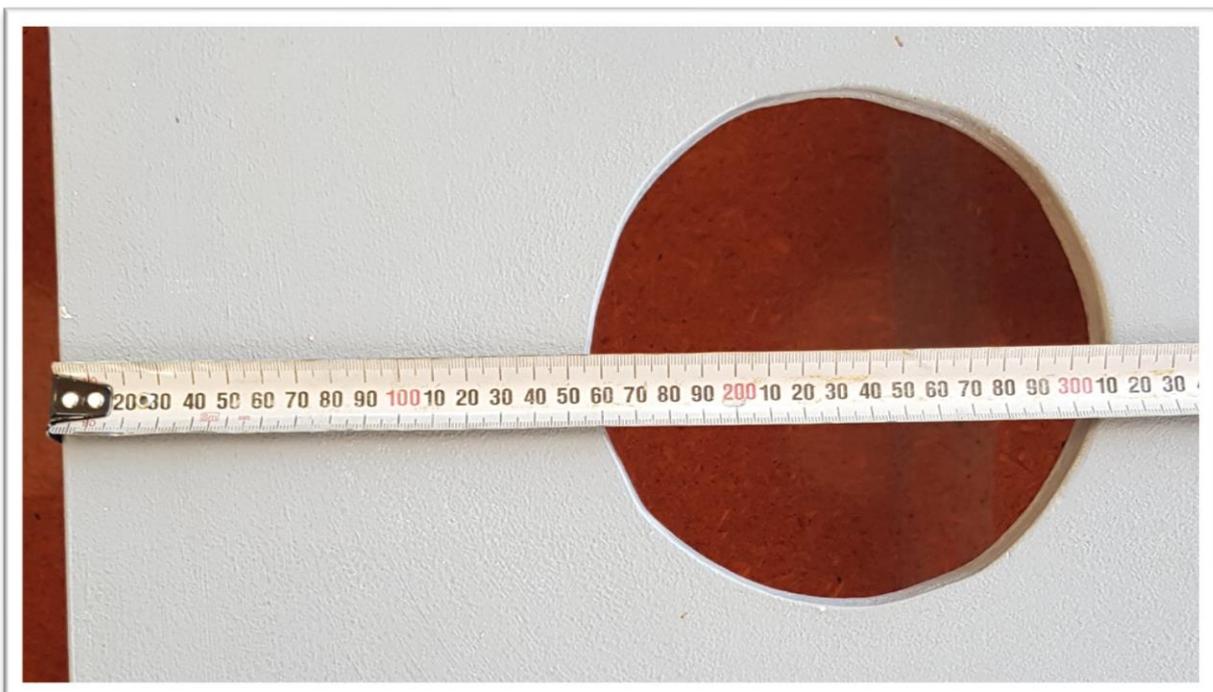
1. Players must stand behind the line to throw.
2. Players must throw under-arm.
3. Points are counted after each end when players have thrown all their sacks.
4. 1 point for each sack on the board and 3 points for each sack down the hole.
5. Sacks half down the hole are still in the board.
6. Sacks on the ground/floor or leaning on the board do not count.
7. The player/team at the end of a turn to get to 21 or over wins.
8. In the event of a tie, both teams on the same score 21 or over. Play continues with one sack each until there is a winner.

How to make a 3 Down board.

1. 2 boards can be made from a half sheet of 19mm ply.
2. Cut half sheet in half so you have 2 boards 600x1200.



3. Frame the underside of the boards with 90x45 timber.
4. Centre the 155mm hole 235mm from the top.





5. The legs protrude 210mm below the framed base. You need 2 for each board.
6. The sack as 155mm square and fill with rice 500 grams each. Made of durable cloth as they can wear out. You need 4 sacks in 2 contrasting colours.

