

August - September 2023

Some Magical Realism... or alternate reality?



"Slender girl posing in a cloud of white dust in studio on black background" Andrey Guryanov

The arrival of artificial intelligence has highlighted the urgent need for freely available, trustworthy information of the sort we provide. Google has announced that soon, when you search a question on its site, the first result displayed will be an AI-generated answer drawn from the open web. But many of the most trustworthy sources of information - academic journals, high-quality newspapers - are locked behind a paywall. There is a real chance the AI-powered search engines that will shape our lives will be biased toward misinformation or even falsehoods. In such a world open sources of quality information are vital. Our journalists and academics do the hard work of researching, fact-checking and evaluating sources. Because of the generosity of our supporters, our work is free to read and free to republish. This makes us one of the few trusted sources of high-quality information on the open web.

<https://theconversation.com/explainer-magical-realism>

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YOUR
Contributions are
very welcome!

Editorial

David has sensibly escaped to the Northern hemisphere until the next issue, so I'll take this opportunity to indicate an intent to change direction, following the Federation's meeting at the beginning of July.



I think one important point was to feature a different club in each issue.

Soon after I was asked to become editor of a revamped (digital only) gonatural, I felt the right thing to do was exactly that, along with a suitable club photo featured on the front page. Unfortunately it didn't take me long to discover that wasn't going to be a sustainable option. I managed to do it for the first year, but then suitable front page club pictures just dried up.

However, I did see some suitable pictures coming through the MeWe platform which got me through another six-months or so but by about half way through 2022 and a few Covid lockdowns, things dried up again, and I simply 'sought relief' from the wider internet!

But I now realise I'd forgotten to 'get back to basics' and tried to resurrect the idea of concentrating on one Federation member at a time. But I had been trying to do that by asking if I could feature suitable articles from the various club newsletters.

With some notable exceptions the answers were mostly: 'No.'

The main exception was Southern Naturally. Allan Fredric and Ernie Mason have become very forthcoming friends, filling several pages for me - including the vital photos.

For me another general intent was to try to have at least one illustration per page; a preference too often forestalled by the article text filing the entire page! This issue demonstrates it.

Finally, it has dawned on me that apart from not bothering to put the regular issue-deadline on the back page, I had not been proactive at checking in with the various newsletter authors to remind them that 'I'm here - still keen to feature your club.' So to that end I'll try to be more proactive in asking for your club's interesting developments

This raises the question of where to start, and in what order to put things. For me, prompting Ernie and Allan at the bottom of the South is probably the best option, then I can work my way north from there, among the other landed clubs.

The remaining issue then, is the 'established' annual event days listed in the next column. Essentially, this is a result of our Marketing Manager, Alice, liaising with our equivalent Federations in South Africa and Australia to provide a list of annual events for consistent observance across the Southern Hemisphere. (To this I've added the Free Beach events, and allowed for others, such as the World Naked Bike Rides.)

John Lowe

Your Naturist Calendar (for the southern hemisphere)

Month	Date detail	Event (NZNF days Bold)	Next due on
January	Last Sat	FB DWBS NZ Beach Day	Jan 2024 Sat 28
February	First Fri	Intl Working naked Day	Feb 2024 Fri 2
	First Sun	FB SDDM NZ Naturist Day	Feb 2024 Sat 24
March	First 3 wk/ends	NZ <i>WNBRs</i>	Mar 2024 Sat 2
	Last Sat	FB SDDM NZ Naturist Day	Mar 2024 Sat 24
April	Last Sat	Naked Hiking Day	Apr 2024 Sat 27
June	Sat Nearst WS	Mid-winter dip	Jun 2024 Sat 22
Aug-Sep	Any weekend	FB AGM (subs due)	<i>Sep 2023 Sat 9</i>
September	1st (Spring)	Nude Cooking Day	Sep 2023 Fri 1
	First weekend	NZNF Skinny Dip Day	Sep 2023 Sat 2
October	3rd Sat	Naked Gardening	Oct 2023 Sat 21
November	3rd week	Nude Recreation Week	Nov 2023 13-19
December	First Sun	Naturist Day	Dec 2023 Sun 3
	Last wk/end	NZNF AGM & Festival wk	Dec 2023 Sat 30

Notes -

NZNF days are in bold, on the plain background.

FBNZ [FB] days have a sand-coloured background.

(Other's days currently in green.)

Due days in the current issue: Month: **bold &** details in Col 4, italicised.

Some website & email housekeeping, from Murray

Periodically, the clubs@ (clubsecs@) collective email address is checked as to the recipients. Originally, it was set up so one address for the secretary at each club would be on it, and that address would never change.

How things have changed over the years. Many clubs have domain names other than gonatural-based ones and some clubs have multiple addresses on the collective address.

So: can each club provide me with just one email address for their club.

Preferably one that the secretary uses, and then this address will be the one on the collective. If further dissemination is required within your club, the secretary can send to whomever else needs that email.

On the gonatural website, there is a description of each club under locations. The link to the NZNF website is: <https://gonatural.co.nz/>

When you go to the Locations option, you can select a region. For example, I clicked on Auckland and was presented with a page that had options below.

The **View Club** is basic information on the club that is administered by the NZNF DPC (me), the **Website** button takes you to the actual website of the club, administered by the club (or sometimes me).

If there are any changes to the club information that I need to update, I need to be told. For example, the secretary at AONC is now "Email: secretary@aonc.kiwi" <<mailto:secretary@aonc.kiwi>> and the email address that was on the **View Club** is actually no longer in use.

So, it would be great if each club could find their information under **View Club** and let me know of any/all changes that they would like made.

If you like, contact me directly and I can point you to the information I am talking about for your club, and we can go from there. Kind regards, [Murray](#)

Sun's out - buns out

Global swimwear giant Pour Moi recently compiled a list of countries “most keen on sunbathing nude” by analysing search engine data and found that New Zealand came up second in the world, behind only Australia. The story was published in the NZ Herald. Yearly average was around 67,000 unique searches for “nude beach” against our population of 5 million (see table below). Surprising? A little. But then, we are an island nation surrounded by absolutely stunning beaches, many of which are very quiet and remote. There are “social nudists”, which tend to flock to the more popular nude beach spots – but then it’s worth remembering there’s a large proportion of people that enjoy being naked – but within the comfort of their solitude or, perhaps small group of friends. Because we don’t necessarily see them, doesn’t mean they’re not there.

The Netherlands, Canada and Ireland make up the other three of the top five. Four out of the five top spots (including NZ) are countries where nude sunbathing is legal. The exception being Australia, where it’s legal to sunbathe naked only on designated nude beaches.

Order	% Country	Searches for 'Nude beach'	Search by % population	Population
1	Australia	440,200	0.0166	26,461,166
2	NZ	67,000	0.0131	5,109,702
3	Netherlands	215,700	0.0124	17,463,930
4	Canada	446,200	0.0116	38,516,763
5	Ireland	60,400	0.0113	5,323,991
6	US	3,797,000	0.0112	339,665,118
7	Spain	487,100	0.0103	47,222,613
8	UK	647,000	0.0095	68,138,484

In fact, nude sunbathing is not *absolutely* illegal in any of the listed countries, but some have restrictions to ‘designated areas only’; eg Australia (which does effectively try to ban nudity in the state of Queensland).

In response to the article published by the Herald, Alice was interviewed by Radio New Zealand National, you can hear her RNZ interview here https://www.mz.co.nz/audio/player?audio_id=2018895932. She touched on a number of things, including raising children in a naturist environment, naturist conduct and the legalities of being nude at a beach.

Another interesting publication recently is CNN’s travel section which compiled a list of what they considered to be the “best” nude beaches in the world: <https://edition.cnn.com/travel/article/best-nude-beaches-world/index.html>. Waiheke’s Little Palm Beach made the prestigious list. It’s no wonder – it’s an absolutely stunning beach, and it always has a fantastic crowd.

Across the ditch is Australia’s Lady Jane Beach in Sydney. And in South Africa there’s what was – for a short while at least – the only official nude beach on the entire continent, before it lost its clothes-free status. It still remains an unofficial nude beach in Natal: Mpenjati Beach. “Naked Wanderings” put together quite a good video of the tale behind this famous beach <https://www.youtube.com/watch?v=AqdLexta-FU>.

For more information about naked sun bathing in NZ, check out the free beaches site.

Dion, AONC



Alice & Edwin walking on Little Palm Beach



Alice & Edwin sitting on Little Palm Beach



Francine & Dion sitting on Little Palm Beach

Alpine Lakes - at it again!

Nature's Wonders... (You had to be there!)



Unfortunately only 17 of the 42 diners, were not camera-shy!

This annual, and popular, Alpine event was again hosted by our South Island naked mayoress Lynn and attended by member representatives of all mainland clubs - there's a challenge for you northerners. What a blast it was too.

The staff at Nature's Wonders produced a great feed including rib-eye steaks and their own caught fish from waters where the albatross and penguins live. Wow what a setting!

Following day most of us converged on the beautiful Warrington Beach for a polar plunge. Thanks Southern Free Beach for the cold water shock and roaring beach bonfire.

Dunedin has become the social hub for these big naturist events, don't miss the next one in February when we annually take over the mighty Berwick Lodge! Jeremy Kelleher

Matariki Celebrations at AONC by Alice

A time for remembrance, celebrating the present and looking forward to the future. Matariki was celebrated at naturist clubs and groups all over NZ on the 14th July. Auckland Outdoor Naturist club (AONC) also celebrated Matariki with a Naked Flame Fire Spinning Workshop. A group of AONC members got to practice during the workshop in the day with professionals and then had an opportunity (for those brave enough) to give their skills a test with real fire! Some members showed off very impressive skills and some of us were complete amateurs (with that I mean myself. Lol!), but, most importantly, we all got to have fun together, after which we enjoyed watching the real professionals from the Naked Flame Fire Spinning put on a spectacular show under the stars.

Dinner was very special with traditional Maori fry bread, cheese and crackers and so many selections of delicious soup that members arrived with in crock-pots (I did not even get to try them all – too many), which was a good thing as there were 60 odd people. We ended off the evening with tea and cake to celebrate a members' 80th birthday.

We would like to thank the Naked Flame Fire Spinning performers for a fantastic show and an opportunity they gave to all our members to learn a few new tricks (they are highly recommended). Also, a big thank you to AONC members Alex Ht and Wilma S who made the event happen (along with many other helpers). The unique memory of this year's Matariki celebrations will certainly stay with all of us for a very long time.

Mānawatia a Matariki
Thank you,
Alice de Wet



Pictures from Jeremy, of the next day's fun at Warrington Beach!



NZNF creates a Private FB Group for clubs

We have finally created an NZNF Private Facebook group for all NZNF affiliated clubs/organizations. You can find the link to the group here:

<https://www.facebook.com/groups/226700250247190/>

As the group is private, people on your friends list (unless they are members too) cannot see that you have joined or what you post on the group.

Murray N sent out an email to clubs yesterday (on the 16th July) and a day later, we already have 71 members and 19 posts from different members all over the country so we are off to a good start! Please spread the word to other members at your club (but please just keep it within the NZNF community, as that is what the group is all about). It would be fantastic if we had good representation of all the NZNF clubs/organizations on the group.

Distance may keep us apart but at the heart of all the naturist clubs in NZ there is an invisible thread that brings us all together, and that is naturism. May the NZNF Facebook group offer us a means of connecting through that thread.

Thank you,
Alice de Wet
(Marketing Officer NZNF)



Naturist Theme Camp at Kiwiburn



As you may have seen we are investigating the possibility of setting up a naturist theme camp at Kiwiburn. From our posts in Facebook and adverts in the gonatural and Free Beach newsletters, we have received 10 expressions of interest so far.

We have spoken to a naturist who is the lead of another theme camp who has given us some great information for setting up a new camp. After the bad weather that hit Kiwiburn this year it's important to have structures that will withstand wind and rain. We've looked at the practicality of different structures, including the costs of transportation to and from the paddock.

There are still discussions to be had around how the camp will operate as a community, with communal meals, along with workshops and activities we can provide for the burn. We need to compile a budget and work out how we can cover the costs of setting up and sustaining a camp.

We are still looking for expressions of interest from those who would like to join us along with suggestions for our set up and what we can provide to make it happen.

Comments, offers & suggestions all welcome! Brent Anderson
brentandersonnz@gmail.com or 027 275 8359



Jacqui Newbery

Dark Mofo

Recently, I discovered the existence of something called *Dark Mofo* in Tasmania which includes a naked mid-winter swim!

First, I turned to Wikipedia to discover some minor twists...

“Dark Mofo is the winter version of the MONA FOMA festival, also held in Tasmania. Monna Foma, stylised as MONA FOMA (an acronym for Museum of Old and New Art: [plus] Festival of Music and Art, often further shortened to MOFO) is an annual music and arts festival held in January in Tasmania, Australia, curated by *Violent Femmes* member Brian Ritchie. It is billed as Tasmania's largest contemporary music festival and showcases the work of artists in a broad range of art forms, including sound, noise, dance, theatre, visual art, performance and new media.

“A wintertime version of the festival, Dark Mofo, is held annually in June. Its events are mainly shown at night-time.”

So then of course, I sought out any sort of gallery for it - the more impressive results from which I present here...

“With many of its events taking place at night, it celebrates the darkness of the southern winter solstice and features many musical acts, large scale light installations and a winter feast. Due to its pagan influence and darker themes, it has been aligned with the Tasmanian Gothic aesthetic in literature and art.

“The first year also introduced the now annual, nude solstice swim that sees over a thousand people dunking themselves in the River Derwent at dawn on the shortest day of the year. Initially the nude swim was banned by police, however the support of the general public, and politicians such as Hobart's Mayor Damon Thomas taking part, resulted in it proceeding.

“The event has courted controversy since its inception, and interstate visitors have noted how different it is to health and safety-obsessed mainland festivals, with one writer calling Dark Mofo “the festival Sydney wouldn't allow.”

What I thought interesting about this event, is the various depictions of it I've seen. First I saw a Daily Mail version of the picture at top right. Close examination indicated that it had been carefully pixelated! (The one shown above isn't but see if you can guess just where that masking might have been done!)

The middle picture hasn't been mask-



ed either, but best of all - as you can easily see - the one just above hasn't been touched, and it is reasonably prominent on the original website.

Unlike Nic & Lins I have always felt that both artificial masking and coy posing, remove any sense of natural serendipity or capturing ‘the moment’ as it happens.

If ordinary people are reasonable, it is my contention that they simply cannot object to seeing people as they really are. When it happened to me, 65 years ago (at WNC) my simple happiness left me lost for words.

Finally, genuine relaxation became a foreseeable possibility. Now I just want to aid the spread of that message! (JL)

Children need naturism



Overcoming societal fears and misconceptions about children and nudity

The UK's Guardian newspaper started out the year with an article titled "Social media triggers children to dislike their own bodies, says study". They pointed out that that:

- 3 in 4 children as young as 12 dislike their bodies and are embarrassed by the way they look
- 1 in 5 experience body image issues
- 50% aged 12 to 21 said they have become withdrawn, started exercising excessively, stopped socialising completely, or self-harmed because they are regularly bullied or trolled online about their physical appearance
- 70% say that social media makes them feel stressed, anxious and depressed
- a plethora of research shows the mental health of a generation of children and young people is in crisis.

Naturism provides a natural antidote to the beauty-myth imagery of social media. Children who spend time in naturist environments will see for themselves that there are no perfect bodies. Instead they will observe that humanity provides an incredible amount of diversity and that everyone is accepted regardless of what they look like.

Comfort with nudity combined with naturist values lead to a healthy self-image and strong self-esteem. Although good parenting is by far the most important factor in raising children, naturism helps to promote their confidence and understanding about their bodies.

But today the mere suggestion of children without clothes causes panic in people. Keeping children clothed clearly has not solved any problems. Yet most of society remains convinced that allowing child nudity leads to disastrous results.

The image associated with this blog was too much for social media when used to promote an episode of The Naturist Living Show podcast. There are no visible female nipples, buttocks, or genitals. Thus the mere concept of children without clothes was deemed too upsetting for their so-called "community standards".

Society also fears for children's emotional health if exposed to other people without clothing. A common instinctual reaction when average people hear about public nudity is to ask "what about the children?" Yet none of them can ever explain what harm comes to kids that see the human body in its natural state.

In society's attempt to protect children, it has actually done the opposite – they have been sexualized. A half century ago a nude child was just cute and innocent. Obscenity laws did not apply to pre-pubescent youth. It was common to see infants playing nude on the beach. Today young girls wear bikinis that are reminiscent of adult swimsuit models. The first thought at the sight of a naked toddler is now pornography.

The facts are clear. A multitude of scholarly research studies on this topic in psychology and sociology suggest that children reared in an atmosphere containing family social nudity benefit from the practice. Even the most cynical interpretation is that there is no negative impact. It is true that no new research has been done for many decades. But as one academic explained, to suggest doing research on children and nudity these days would be to risk professional suicide.

So we have very effectively made youth ashamed of their bodies. From a young age we have taught them that their bodies must be hidden. All the while we have surrounded them with sexually suggestive imagery from social media and other sources. Yet this does not appear to have prevented any of the predatory behaviour. But, as the research has shown, it has made them anxious and led them towards body dysmorphia.

So if you know parents with young children, do them a favour by suggesting naturism. They will undoubtedly have many questions. Given the societal paranoia about child nudity they may even have strong concerns. You can try to answer the question yourself. But it might be easier to let them learn on their own.

Stéphane Deschênes April, 2023 BareOaks.ca

A nude cruise cured my body image issues

Suns out, buns – and everything else – out, too.

Helen Berriman, 47, found a new sense of self-love after baring it all while vacationing on a nude cruise line.



“I used to struggle with body positivity and confidence, but now I am so different. My body is my vessel,” Berriman told Caters News Agency.

Berriman and her husband, Simon, 47, spent a two-week vacation together on their first nude cruise ship, embracing their birthday suits and a judgment-free environment.



“The cruise was with a company called Bare Necessities, and it was a ship that accommodates 2,300 people across 11 decks,” Berriman said.

The Bromley, London, residents embarked on their journey from Tampa, Florida, sailing to Saint-Martin, St Kitts, Antigua, Turks and Caicos, the Dominican Republic, and the Bahamas.

“You can be nude anywhere around the ship, apart from when docking in certain ports, and if you wanted to go into any of the formal dining rooms.”

However, “common naturist etiquette” encourages nudists to carry towels when they want to sit down.

The couple booked their vacation with Bare Necessities, a company which has a ship that accommodates 2,300 people.

Berriman was not always a nudist advocate until she met her husband in 2015, who prefers a “clothing optional” lifestyle.

She found his admiration for nudity disturbing. “If he wanted to do it, I just didn’t want to know about it,” said Berriman.



Finally, she decided to try naturism — the practice of wearing no clothes in a vacation camp or for other leisure activities — when she attended a reversed life-drawing class where everyone else was nude.

“It was my eureka moment, and I finally understood why Simon liked it so much. I felt free,” she said.

“I used to equate nudity to sex and being objectified, but now my outlook has totally changed.”

Before exploring the naked lifestyle, Berriman struggled with loving her body, but now she embraces the skin she’s in.

“I only have one skin, and although it’s loose in some places, it fits me nicer than a pair of jeans.”

She advocates for others to try naturism, claiming it’s a freeing experience.

“I want to help other people feel free and understand that it’s not weird. I think that people relate to me because I also found it odd to begin with.”

The naturism experience has allowed Berriman to meet many people from all walks of life.

“It’s impossible to go to nudist events and feel lonely because everyone talks to everyone,” she said. “They’re talking to your eyes and not your boobs. It is just comfortable.”

Now the receptionist at a naturist resort reveals, “In naturism, no one is objectifying you. No one is leering at you.”

The London couple plans to continue “living and breathing naturism” with several upcoming nudist trips.

“We have a few nudist festivals lined up this summer, [and] We booked to go back to the nudist resort,” said Berriman.

I’m heavily involved in normalizing nudity,” she said, and she has no intentions of vacationing fully clothed anytime soon.

Taylor Knight July 12, 2023

www.anaturistworld.com

What happened when I gave a book talk completely nude

At Nudefest, the UK's largest naturist festival, I faced rows of unclothed nooks and visible crannies while discussing my writing. But would having my kit off prove a distraction?



“So Nell, tell us a bit about how you became a writer ...” I look down and see that, despite my legs being crossed, a significant amount of pubic hair is visible to the audience in front of me. I can feel my nipple brush against my wrist as I lean one arm over the back of my chair. The rolls of my stomach are stacked, completely visible to the whole tent, including the man with the microphone.

I am in a nightmare. An anxiety dream. I am living out every writer's deepest fear and giving a book talk, surrounded by strangers, entirely nude.

Last year an author friend Sophie Pavelle posted a photo of her and her book, in front of a row of bare bums, at an event called Nudefest. I was intrigued. The bums behind her looked less like a perfume advert and more like the kind I've seen on beaches and in changing rooms all my life. Puckered, crinkly, textured. What was this event, I wondered. This year, I decided to see for myself.

As a former lifeguard at Kenwood Ladies' Pond, I was used to working among naked and semi-clothed people; albeit emptying bins and spotting asthma attacks, rather than discussing books. (Although that did happen too – I once shared 10 electrifying minutes chatting to Deborah

Levy in a light drizzle as we stared out at the moorhens).

Being naked or half-naked in public myself was not new to me either: in my early 20s I worked as a life model in Leeds, and I have swum and breastfed in public plenty of times. But all that seemed quite different from actually sitting naked on a stage to discuss my book, facing a row of other people's nipples, taking questions from someone wearing nothing more than a watch.

Nudefest is the UK's largest naturist festival, taking place annually and featuring talks, workshops, music and comedy near Langport in Somerset. As I cycled there from Taunton station, juddering through open fields and over gravel, I did wonder if turning up to a nudist festival splattered in mud and shining with sweat was the best look. But as I got to the site – which was temporarily screened by hessian sacking across the gates for privacy – and was greeted by a woman wearing only a high-vis vest, I realised that my muddy ankles were going to attract no judgment here. I was led through by Andrew Welch – a national spokesperson for British Naturism. Unclothed middle aged men dodged around guy ropes and naked couples lounged on plastic chairs outside mobile homes all around me. The majority of these festivalgoers were white and a little older than me – the sort of people I would expect to see at a provincial garden centre, perhaps, or buying the paper at a BP garage.

(However, as the day wore on, I was to meet a broader, younger, more ethnically diverse range of people. And their bodies.)

When we got to Andrew's caravan, I asked: “Is this where I take my kit off?” The reply was very kind: “Whatever you're comfortable with. There's no pressure.”

But nothing makes you feel more like a creep than being the only fully dressed person in a crowd of nudes. So, standing beside my bike I pulled down my knickers. As I followed Andrew towards the tent where I was going to give my talk, I started to feel as if I was entering a slightly altered reality.

If you want a warm, receptive audience, take off their clothes. As I sat on that stage, facing rows of hairy shoulders, dented hips, scars, unclothed nooks and visible crannies, everyone felt connected and comfortable. One question Andrew asked was if the character Hanna in my novel *Square One* swam naked or while wearing a swimming costume. It is incredibly nice to know that the person asking questions really has bothered to read it; and to pinpoint one of the few moments of potential nudity in an otherwise entirely clothed book. (I said she was probably in her swimming costume. The square.)

After about 10 minutes, I forgot that I had no clothes on. Until Andrew asked about body consciousness; a subject that is probably in all my books but which certainly took on a particular resonance as I spoke about it at this event. Suddenly I was very aware of the lilt to my breasts and the way I had crossed my legs. There is a chapter in my new book, *Holding the Baby*, all about our relationship to size, weight and being viewed in public. If I knew the secret to body confidence, I would have been damn sure to have included it in the text, but I don't think being naked in public is the whole answer. My reply may have been a little more ambivalent than they had hoped.

Towards the end, I read out the manifesto from the end of *Holding the Baby* and was greeted with appreciative laughter, encouraging nods and even applause. We were here to talk about my books and the fact that I was doing so with the entirety of my bikini line on show was significantly less distracting than I'd imagined.

Nell Frizzell, Jul 2023

Fancy some R&R in Raglan?



Hi, we have a naturist-friendly airbnb with two queen bedrooms along with an indoor pool and spa which we like to share with friends.



Unfortunately our grounds are not naturist-friendly as we have no fences, however, we're keen to host your naturist time at:

Maison Par La Mer, Raglan.

Please call **027 825 5807** or write to us via **deamoore@farmside.co.nz**

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Seeking a new option?

KCs Retreat



KCs Retreat, where we welcome fellow naturists to join us and enjoy the wonderful West Coast experience. Parking available for self contained campervans, motorhomes, caravans & tents. Email us - kcsretreat@gmail.com or see us on facebook - KCs Retreat

For those travelling to the wonderful West Coast we're establishing a peaceful, secluded getaway, with good access to the West Coast Wilderness trail.

Our slice of paradise is a place where fellow naturists can enjoy the wonderful South Island.

KCs Retreat is private property, but we don't run our little retreat as a business. We've recently affiliated with the NZNF.

We are near Kumara, approx 25 km from both Greymouth and Hokitika, making us very central to a lot of the West Coast's attractions: a good place to base yourself, or stay, on the way to Buller or South Westland. We are 8 kms from Kumara Junction.

Our 15 acre property goes down to the Taramakau river, where you can swim.

There is water available nearby, however we need you to be fully self-contained, and to please contact us first, on:

021 137 9931.

Our Facebook page is *KCs Retreat* and our email is kcsretreat@gmail.com

We give our address to people when they contact us.

Unfortunately we are not able to accommodate children as there are a number of natural hazards on our property, including steep cliffs.

Cath & Keith



Marble Hills Retreat



Marahau!



Retreat from modern lifestyles on a large property! Camping as it used to be - surrounded by nature.

Our property is a working lifestyle farm situated a short distance from the popular Abel Tasman National Park in a quiet valley with lots of wild-life and tracks for hiking or maybe some mountain biking.

The higher parts of the property offer views of Tasman Bay.

Although some of the camp is textile, the rest of the property offers plenty of seclusion for the naturist lifestyle



Ph (03) 527 8212

email:

kmfry51@gmail.com

Location: 78 Moss Rd Marahau, Motueka

NZMCA discounts apply

Hosts: Michael & Elaine Fry



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Renting the Club cabin

Counties



Fancy staying out at the club, but tents aren't your thing?

We have powered sites for caravans, and camper-vans for rent.

Why not try our cabin? It's warm, private and cosy, close to all club facilities, and can be booked for the very reasonable fee of \$20 per night for members and \$40 per night for non-members. There are other fees for non-members using club facilities: just ask one of the committee for prices.

You can also rent a site for the year and keep your caravan onsite.

<http://www.countiessunclub.com/Contact-Us/>

SOUTH CANTERBURY SUN CLUB

GERALDINE

scsc@gonatural.co.nz

Some places to go

Below is an alphabetic list of the known naturist options one can contact around this country. (Please let me know of any that have been missed!) No clubs are now under lockdown!

First are all the ('landed') clubs (Alpine Lakes is an exception) then are listed the known privately operated venues, ending with the National organisations. * Indicates an ad elsewhere.

Please note that the host being visited has complete authority over any visitor - the ID's do not bestow in any 'rights' whatever, over the host's absolute authority.

There'll soon be a curated set of both club and homestay facilities available intended to help travellers and visitors evaluate their accommodation options for their own tours.

Naturist Federation Members

1. Alpine Lakes Naturist Club, Central Otago, Alan 022 603 1439, alpinelakes@gonatural.co.nz
alpinelakes.gonatural.co.nz
2. * Auckland Outdoor Naturist Club PO Box 95235, Swanson, Waitakere 0653, 09 833 9209 www.aonc.nz
3. * Auckland Sun Club PO 755A West Coast Rd, Oratia, Auckland 0604, 09 814 9973 asc@gonatural.co.nz
4. asc.gonatural.co.nz
5. * Bay of Plenty Sun Club Inc. PO Box 838, Whakatane, 3120, 027 440 5157 bopsc@gonatural.co.nz
bopsun.gonatural.co.nz
6. Canterbury Free Beaches PO Box 20295, Bishopdale, Christchurch 8543, 03 310 6447 fredbear@freebeaches.org.nz
freebeaches.org.nz
7. * Counties Sun Club 112 Ramarama Road, Ramarama, Drury RD3, Auckland 2579, 027 296 2795
counties@gonatural.co.nz countiessunclub.com
8. * Hawkes Bay Naturist Club 1504 Glengarry Road, RD 2, Napier 4182, 027 450 0557 HBNC@gonatural.co.nz
hawkesbay.gonatural.co.nz
9. * Katikati Naturist Park 149 Wharawhara Road, RD2, Katikati, 3178, Chris Novis, 0800 456 7567 katikati-naturist-park.co.nz - info@katikati-naturist-park.co.nz
10. * Manawatu Naturist Club Inc. PO Box 980, Palmerston North, 4440, 027 390 4428 pro@manawatunaturistclub.com
www.manawatunaturistclub.co.nz
11. * Nelson Sun Club PO Box 33, Upper Moutere, Nelson 7144, 027 710 8025 secretary@nelsonnaturally.co.nz
www.nelsonnaturally.co.nz
12. * Orchard Sun Club Inc. 23 Harwood St, RD 2, Dunedin 9077, 022 478 0903 windfallsutton@gmail.com
orchard.gonatural.co.nz
13. * Pineglades Naturist Club PO Box 1823, Christchurch, 8140, 021 052 2528 pineglades@gonatural.co.nz
pineglades.gonatural.co.nz
14. Rotota Sun Club Inc. PO Box 1164, Taupo 3351, 07 333 7105 rototasunclub@gonatural.co.nz rotota.gonatural.co.nz
15. * South Canterbury Sun Club PO Box 13, Geraldine 7956, 021 123 5904 scsc@gonatural.co.nz scsc.gonatural.co.nz
16. Southern Free Beaches www.facebook.com/southernfreebeaches 027 471 8941 southernfreebeaches@gmail.com
17. * Southern Naturally 329 Guise Road, RD1 Otautau, 9689, 027 224 2724, southernnaturally@gonatural.co.nz
18. * Taranaki Naturists Club 297 Brown Rd, RD42, Waitara, 4382, 027 439 0543, 027 542 1813, 027 444 2941
taranaki.naturists.club@gonatural.co.nz taranakinaturistsnz.com
19. * Waikato Outdoor Society Inc. PO Box 619, Hamilton 3240, 027 631 6883 waikato.outdoor@gonatural.co.nz
waikato.gonatural.co.nz
20. * Wellington Naturist Club 20 Molloys Road, Te Marua, Upper Hutt 5018, 027 330 6212
secretary@wellingtonnaturists.co.nz wellingtonnaturists.co.nz

National Naturist Organisations

1. * Free Beaches NZ PO Box 20295, Bishopdale, Christchurch 8543, 06 879 9262, 03 310 6447
fredbear@freebeaches.org.nz freebeaches.org.nz
2. * NZ Naturist Federation PO Box 619, Waikato Mail Centre, Hamilton 3240, gonatural.co.nz (shop)
3. * NZ NUDVAN PO Box 619, Waikato Mail Centre, Hamilton 3240, nudvan@gonatural.co.nz nudvan.gonatural.co.nz

Non-Federation options

1. Autumn Farm 37 Central Takaka Rd, Takaka 7183, stay@autumnfarm.com (03) 525 9013
2. Bay of Plenty Naturists Bethlehem, Tauranga, bopnaturists@gmail.com www.bopnaturists.blogspot.com
3. First Light Mangawhai Jude Road, Mangawhai, firstlightmangawhai@gmail.com 021 544 820
4. Hauraki Naturally 1094 SH 25, Andrew Cook, haurakinaturally.nz haurakinaturally@gmail.com (07) 211 9106
5. * Marble Hills Retreat, 78 Moss Road, Marahau, Motueka Michael & Elaine Fry, kmfry@farmside.co.nz (03) 527 8212
6. Mapua Leisure Park 33 Tory St, Mapua, Nelson, bookings@mapualeisurepark.co.nz (togs optional February & March)
7. Northland Naturists Whangarei, nothlandnaturists@gmail.com (09) 438 7163, 027 483 1724
8. Paradise 33c Poplar Lane, RD 3, Kerikeri 0293, Brian & Heather Moore, hobohm19@gmail.com, 021 0274 7407
9. Parakai Springs 150 Parkhurst Rd Parakai, info@parakaisprings.co.nz 0800 468 768
10. Rosco & Raewyn Ostrich & emu Ltd, 388 Kaimaumau Rd, RD1, Awanui, ostemu@gmail.com (09) 406 8807



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NZNF: Social Media QR Codes



“Sometimes I like to run naked in the moonlight and the wind, on a little trail behind our house, when the honeysuckle blooms. It’s a feeling of freedom, so close to God and nature.” — Dolly Parton (musician)

“Being natural and matter-of-fact about nudity prevents your children from developing an attitude of shame or disgust about the human body.” — Dr. Lee Salk (psychiatrist)

How idiotic civilisation is! Why be given a body if you have to keep it shut up in a case like a rare, rare fiddle?

—Katherine Mansfield
 “Bliss and Other Stories”



Oppenheimer will include "prolonged full nudity" and sex scenes between Murphy and Florence Pugh, along with "complicated" scenes with Emily Blunt that he found "pretty heavy."

The **gonatural** deadline is on the 15th of each odd-numbered month!

Back issues of **gonatural**



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If anyone would like to purchase back copies of the **gonatural Magazine** we have a number of the issues from 1990 to 2019 available.

We can fit 4 in an envelope so we're selling sets of 4, including postage in NZ, for \$10.00 payment by Direct Credit to our bank, or \$11.00 for credit card payment. (Postage is about \$5.00). The magazines are currently in storage.

For a list of what issues are available please email Noel at:-

Please note that the nznaturists@... email is *no longer valid*.

To see previous **gonaturals** go to: <https://gonatural.co.nz/news/2/11/NZNF-News/>

This certificate verifies that **gonatural** (previously *The New Zealand Naturist*) is available in New Zealand **without restriction** (the equivalent of a 'G' certificate for a film) so there is **no** age restriction on children.

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