



gonatural

— New Zealand Naturist Federation —

AUGUST/
SEPTEMBER
2026



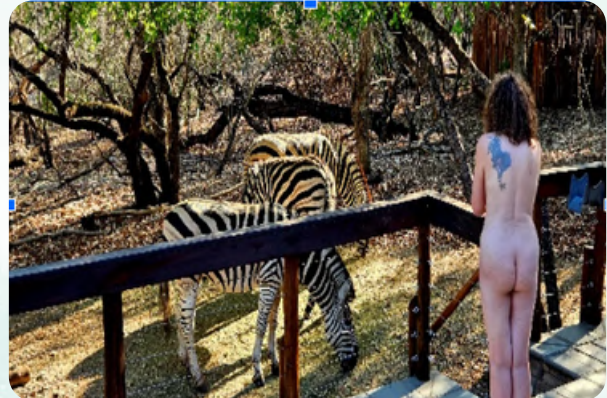
Tribute to a fabulous lady



NZNF Executive taking the plunge at WOS



improvements @ South Canterbury



Naturist safari in South Africa

Read more inside:

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It is that time of year again – the coldest time! Following the recent winter solstice, many brave members from clubs across the country participated in our national polar plunge. The verdict is still out as to who faced the coldest temperatures, so please email us your club's water temperature. We hope to reveal the coldest location in the next newsletter.

The NZNF executive also held an impromptu polar plunge during our half-year meeting at the Waikato Outdoor Society (WOS), making excellent use of their hot pool afterward.

This leads me onto my next topic which is the NZNF's executive's half year meeting, which was held on the 13th June at WOS. As always, the members and committee members at WOS made us feel very welcome and was incredibly hospitable. The meals were delicious and, as some people commented, you never go hungry at WOS! The weather even played along and when it is sunny at WOS, it warms up really nicely during the day. The clubhouse is cozy with the fire going and the deck is nice and sunny. Add to it sociable and friendly members, a special bushwalk and stream with (tame, not so tame!) eels and you have a beautiful, vibrant club that is WOS.

During the meeting, we discussed a proposal from our new merchandise coordinator, Kelly, to introduce a new logo specifically for merchandise purposes. This proposed change is intended to be more colourful and visible for marketing, and would not replace the official NZNF logo used on our website and banners (as it is only meant for the merchandise specifically). If approved, the new design would incorporate elements of the current logo to maintain a connection. We want to ensure this is a collective decision, so please reply with your club's feedback on whether you support having a separate NZNF Gonatural logo for merchandise or not.

Don't forget, if you haven't yet, to register for "Those were the Days" Festival happening this year at Wellington Naturist Club WNC (more details further in this newsletter). Which will be held from the 30th December – 5th January at WNC. The NZNF AGM will be held on 30 December at WNC.

If you have never been to a festival before or never been to WNC before, now is your chance to see what its all about! Festivals are massive fun, involve a lot of sports, fun activities, fabulous evening entertainment, laughter, camping and having a great time over the summer holidays! Members from different naturist clubs all over the country usually come travel and together to attend a festival (only held once every 2 years) and it's a wonderful way to meet new people and catch up with old friends. An event not to be missed!

I will sign off now by saying that I hope that everyone had a beautiful Matariki. A time to come together to honour upon our past, celebrate our present and look to our future with hope.

Stay warm

Alice

Kay was a much-loved and highly respected member of the naturist community in New Zealand and around the world. A Life Member of the New Zealand Naturist Federation, she gave many years of dedicated service to the movement. She chaired the INF Congress held at Wellington Naturist Club, represented New Zealand at several INF Congresses overseas, and, as editor of gonatural magazine for many years, helped keep our community connected and informed.

Kay's warmth, commitment and tireless support of naturism touched countless lives. Her contribution to the naturist movement in New Zealand leaves a lasting legacy, and she will be remembered with gratitude and affection by many.



Below is a link to a summary of all the news articles regarding naturism which featured Kay over the years: <https://gonatural.co.nz/news/27/11/Remembering-Kay-Hannam/>
See also 'Tribute to Kay' on pages 10-11

Introducing the new NZNF Merchandise Officer

Hi everyone

I'm thrilled with the amazing feedback we've received on the new merchandise logo. A huge thank-you to all who contributed - your input has been invaluable.

Serving as merchandise officer has been a fantastic experience, and I'm really looking forward to launching the new logo across our upcoming merchandise range.

We've got some great items on the way - I'm sure you'll love.

Thanks Kelly



EVENTS COMING UP

- 15 August** **Quiz Night @ Hawkes Bay Naturist Club**
- 1 September** **Nude Cooking Day**
- 1 November** **Wild Food Festival, Southern Naturally**
- 30 Dec - 5 Jan** **Kiwiana Summer Festival @ Wellington Naturist Club**

Let us know if there is an upcoming date you would like to include

You can find the latest events on the NZNF website

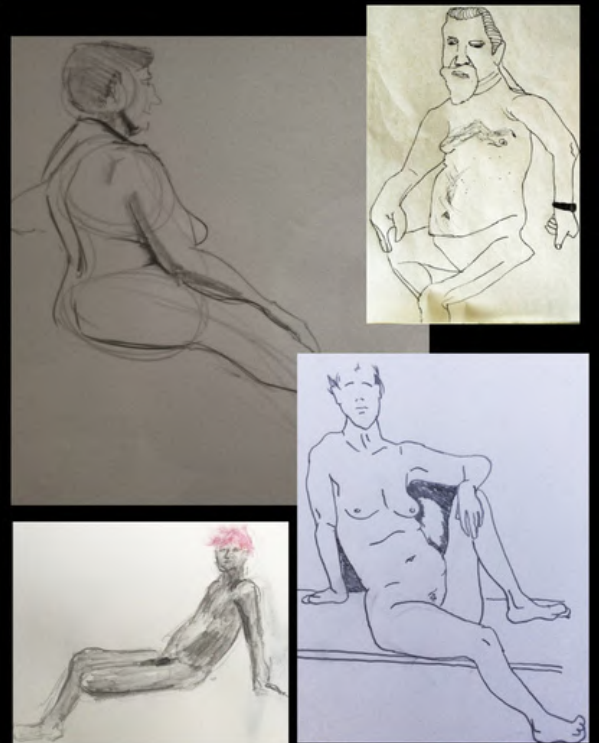
<https://gonatural.co.nz/Events/>

If you would like your event added please email Dion: webmaster@nznf.nz

LIFE DRAWING @WELLINGTON NATURIST CLUB

Sun 16th Aug 11am-
Sun 20th Sept 3pm

Life drawing with a difference.
You can choose between modelling for the artists,
or being an artist, drawing the models,
or - of course - swap between the two.
Bring your own art materials, or use what's provided.
You don't have to be good at drawing - just enjoy doing it.
Some instruction and tips also given if required.
Rain or shine. Join in on creating the art of the nude.










Tues, 1 September

Nude Cooking: Undress Yourself

- ♥ Greater body awareness
- ♥ Stronger connection to yourself
- ♥ Heightened sensory experience
- ♥ Rediscover the joy of cooking



Nude Food: Undress Your Food

- ♥ Raw ingredients. Less from factories, more from the Earth
- ♥ Control what goes into your food
- ♥ Simpler, healthier eating as nature intended
- ♥ Reduce wrapping and packaging waste
- ♥ Take in the natural, and leave out the artificial



<https://gonatural.co.nz/information/nude-cooking-day/>

Matariki just a hazy memory? Labour weekend too far away?



You need a break at Katikati Naturist Park!

Included in your weekend – discounted prices, ‘too sick for work’ letter for your boss, live music, comparing fancy dress plans for the New Year’s Eve party, and more to come . . .



Kiwiana Summer Festival

FESTIVAL UPDATE

Registrations are steadily coming in, and campsites are filling up fast! We have an exciting line-up of sports, fun daytime activities, and great evening entertainment to keep everyone entertained throughout the festival.

We're especially keen to welcome families. A youth programme is being planned, with activities designed to keep younger festival-goers engaged, and having fun.

Remember to take advantage of the early bird discount, to be paid by 30 September.

So, what are you waiting for? Register now and join us for a fantastic week of fun, friendship, and unforgettable memories! wnc.nz

SOUTHERN WILD FOOD FESTIVAL

October 31 to November 1st 2026



AT SOUTHERN NATURALLY

329 Guise road, Aparima.

Plenty of parking space.

Book early for a cabin.



sec.southernnaturally@gmail.com -phone 02 847 412 45

KIWIANA SUMMER FESTIVAL

THOSE WERE THE DAYS

WNC 30 DEC 2026 – 5 JAN 2027

CELEBRATING THE KIWI SUMMER!

wnc.nz 027 330 6212

Memories

I first met Kay over 40 years ago at a naturist rally held at the Pineglades Naturist club in Christchurch where she was a member. The following year a large contingent from Pineglades travelled to the Wellington Naturist club for the rally being held there. They came dressed as pirates, ready to invade and plunder our club, with Kay the ringleader in many of their activities. I recall one time when she was a sultry Marlene Dietrich singing 'Lily Marlene' while my late husband Bevan accompanied her on his cornet.



Although a talented drummer in the Timaru Pipe band, Kay's favourite instrument was a lagerphone which she used to accompany many a party sing song.

Kay was elected President of the New Zealand Naturist Federation in 1997 and on several occasions was the Federations representative at International Naturist Federation Congresses. At one congress held in Norway she ended up sleeping in a police station when she couldn't find any other accommodation near the venue. Very resourceful was our Kay.

After Brian and Kay developed their Naturist camping venue at Tekapo, they were instrumental in introducing many non-naturists to the lifestyle. Kay was passionate about sharing and promoting naturism in New Zealand and they developed the idea of the McKenzie Muster, a crazy mix of entertainment and activities. She was not afraid to apply for local sponsorship including the local golf club and to get good publicity for the lifestyle.



In 2006 they sold Tekapo and moved to the Wairau Valley where they established their next resort 'Wai-Natur'. The entertainment and activities continued including nude golf tournaments and nude gourmet cruises in the Sounds.

Wai-Natur quickly established itself as a mecca for naturists from around New Zealand and overseas and I loved being part of these events.

Kay and Brian also travelled overseas in winter and for many years ended up working at naturist resorts in France in exchange for accommodation.

The 2012 International Congress was to be held in Croatia where I was to be the delegate for New Zealand. Kay and I planned to travel, after spending time at La Vallon, intending to be just us girlfriends with Brian as the chauffeur as we travelled across France and Italy to Croatia.

With their experience and advice on how to deal with other long-standing delegates, I got through the meeting before innocently asking what was involved in hosting a Congress? The delegate from Spain immediately jumped up saying he wanted to go to New Zealand which began the process of us applying and successfully lobbying countries around the world at the next Congress in 2014, to come to New Zealand.

Before this time Kay had decided she wanted to write a book and took a writer's course in Blenheim. She went on to write 'Nude with Attitude' and I had the pleasure of going down to Blenheim in 2013 and catering for the launch of the book. All the big wigs in Blenheim were invited and it has been distributed around the world, a good record of her remarkable life up till then.



Having secured the hosting rights for the 2016 Congress, the hard work of organising it began. In this respect we were fortunate to be joined by our good friend Donna and the alliance of three girlfriends was firmly established. I remember following an appointment with people at Wellington Events and securing their help with funding and promotion, Kay and I got in the lift to go down and just hugged each other, jumping up and down in disbelief. We could not wait to tell Donna that our hard work was paying off. Next was flying to Auckland and meeting with NZ tourism and getting them onboard.

We were on a roll and with Kay leading Donna and I, it all started to happen. Kay's contacts around the naturism world were invaluable and we carried off an International Congress in Wellington in 2016 that resulted in friendships that still are in effect today.



As a result of planning the Congress together, Kay, Donna and I developed a wonderful, enduring friendship. After this there were many get togethers such as those in Wellington for WOW including high teas and dinners before the shows. We always had a great time together. Donna and I will miss her company so much but are both happy she can now join Brian on their next adventure together.

Fly high girlfriend, it has been great knowing you.

June Campbell - Tong

TAKING THE PLUNGE



"On 13 June, after a long and productive NZNF mid-year meeting at WOS, the NZNF committee takes a refreshing polar plunge in the WOS pool".



WNC - 20 members braved the 10 degree polar plunge. The mulled wine and hot chocolate to follow was very welcome as was the hot tub.



AONC - are we really going to backflip in?

Installing new stormwater and tank over flow

29 May, A couple of members took the Friday off work for the long Kings birthday weekend and the digger arrived at the club on Friday morning. The work began with a plan, a lovely sunny day as you would expect way down south after a frost.

The digging was hard work even for the digger, rock hard clay and the tree roots in some places we had to get the good old axe out to cut them down to size, we also had to dig further down than we first thought. Two of our members got three trailer loads of gravel to shovel into the drains to cover the novaflow; they slept well that night.



On the Saturday night we all went out for tea to the local pub in Otautau for a birthday tea, and then a few drinks when we got back to the club, but early to bed as everyone was tired.

On Sunday morning someone fell into the ditch – no photos, so no proof. They thought they had broken their finger, but no, just badly bruised, and swollen for a week.

Sunday another long day, Monday saw rain, cold miserable weather, up early to finish up all the drains. We dug 3 drains inside the club grounds, from the new green water tank which can now go into its final resting place, one from the cabins and 1 from the veranda and all going into the drain from the water tank.

We finished about 3pm on Monday packed up and went home. We didn't have showers – that could wait till we got home. Wet muddy gumboots and clothes, and was great to be home having a lovely long hot shower.

Alison kept us well fed, hot soup, savouries and tea on Sunday night. Thank you so much for looking after us and our tummies xx.

Wilma



Whitby Probus Garden Club visit to WNC

A Probus member, who had seen photos of gardens at Wellington Naturist Club, asked if a group of gardeners could visit the club for a tour. It was seen as a wonderful public relations opportunity of welcoming the community onto the club grounds in a non threatening environment for them, being a Tuesday mid winter and about 11 degrees, so it was not anticipated it would inconvenience members.

Arrangements were made for three of the WNC garden group to meet and show the nine Probus members around the grounds. The mini golf course {under water} and fruit trees were pointed out then across the footbridge to see the nikau trees that were planted about 30 years ago and are now starting to trunk. Native orchids growing on trees, they toured a cabin, then back to the streamside walk and see the massive project undertaken there of clearing the noxious weeds and rubbish from the stream. It now a peaceful haven. A tour of the main lawn gardens and nursery then upstairs for lunch and a photographic display of earlier days.



It was a great opportunity to show members of the community the grounds and facilities we have. They were completely blown away, one lady said she couldn't get to sleep that night thinking about the property and all the volunteer work undertaken over the years . It was never anticipated to get new members but to publicise that naturist clubs are part of the community. They can talk to their friends about the experience and help spread the word of the wonderful naturist world we live in.

Comments included: "It was such fun and so lovely to be in such a stunning environment"

"Thanks again for sharing your lovely retreat with us, a credit to all your members"

Thanks, it was a lovely outing, very impressed with the gardens and all the facilities."

"A Club Med very close to home"

"Thanks for enabling our visit to your club . It was interesting and the grounds and gardens are very well kept, an absolute credit to all your volunteers"



June Campbell-Tong

A Naturist Safari Adventure in South Africa

By Hans and Carley

Following the success of our 2023 South African tour with Lofty and Amanda of Joxilox Tours, we asked them to create another itinerary with an even stronger focus on naturism and wildlife. They delivered a memorable 17-day adventure featuring exclusively naturist or nude-friendly accommodation and six exceptional game drives.

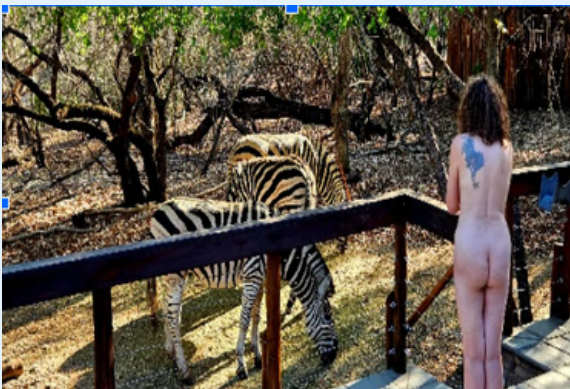
Johannesburg and First Experiences

We began at a naturist resort on the outskirts of Johannesburg, where the group gathered before exploring nearby attractions. Our first excursion was to Lesedi Cultural Village, offering fascinating insights into South Africa's cultural heritage. A planned visit to the Hartbeespoort Cableway was cancelled due to a storm, but the resort owner quickly organised a traditional South African braai, turning the setback into a highlight. The rest of the weekend was spent relaxing poolside before heading to Marloth Park.



Marloth Park and Kruger National Park

Marloth Park borders the famous Kruger National Park and offers a unique wildlife experience. Although not itself a naturist destination, our secluded accommodation allowed us to comfortably enjoy a clothing-free environment.



Wildlife soon appeared right at our doorstep thanks to food brought by Lofty and Amanda. The next morning we joined our first game drive with guide Glenn. Within hours we had sighted four of South Africa's Big Five—lion, elephant, rhinoceros and Cape buffalo—along with giraffes, hippos, crocodiles, wildebeest and numerous antelope species. One unforgettable moment was watching a lion family feeding on a fresh kill.

Over the following two days we explored different regions of Kruger and added wild dogs to our growing list of sightings. Only the elusive leopard remained missing from our Big Five checklist.

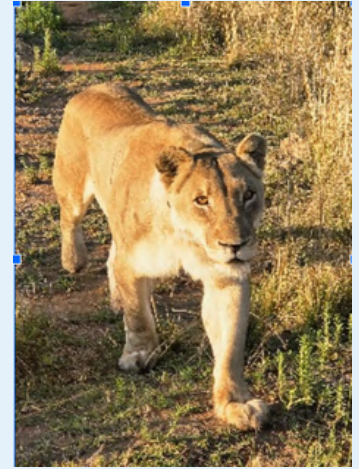
Sun Eden and Dinokeng

Our next stop was Sun Eden Naturist Resort, located beside the Dinokeng Game Reserve. Returning felt like coming home, as we reconnected with friends from our previous trip and met several fellow naturists.



An early morning game drive produced immediate rewards. After reports of a lion sighting, we soon found her, followed by rhinos, cheetahs and a crocodile along the riverbank. Breakfast at the reserve's Veld Café was accompanied by wildlife wandering nearby, including an ostrich strolling past.

We also visited Adventures with Elephants, a sanctuary dedicated to rescued elephants. Although different from seeing animals in the wild, it offered a rare opportunity to learn about these remarkable creatures up close.



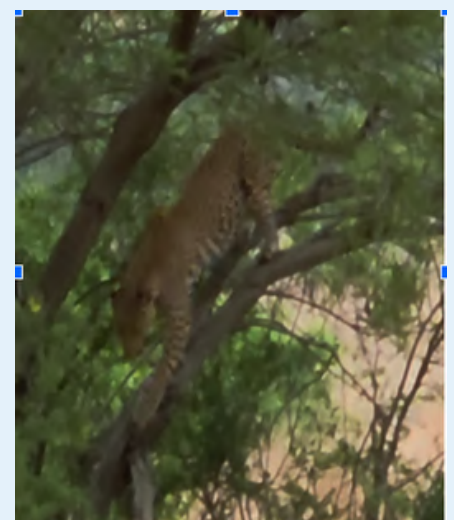
Our last full day in Sun Eden we visited the Lion and Cheetah Sanctuary, where conservation education and close animal encounters gave us further appreciation for South Africa's wildlife. Our final evening at Sun Eden was marked by a special farewell dinner, enjoyed in true naturist style.

Pilanesberg and Completing the Big Five

Our final safari destination was Pilanesberg National Park. Along the way we stopped at Chameleon Market for souvenirs before settling into nude-friendly accommodation with private plunge pools.

Despite poor weather forecasts, the conditions turned out to be perfect for game viewing. We instructed our guide to focus on finding a leopard, the last missing member of the Big Five. Early in the day we encountered the rarer black rhino, as well as hippos, elephants, zebras, giraffes, turtles and even dung beetles.

The highlight came late in the afternoon. A radio call announced a leopard sighting, and after some patient searching we found her feeding in a tree. Eventually she descended, giving us clear views and allowing us to complete the Big Five in spectacular fashion.



Final Thoughts

Seeing wildlife in its natural environment is an extraordinary experience that far surpasses any zoo visit. For naturists, Joxilox Tours combines that adventure with comfortable nude-friendly accommodation, creating a unique and unforgettable holiday.

We currently have no further trips planned, but we are always happy to share our experiences and connect interested readers with Lofty and Amanda of Joxilox Tours.

Getting Away from it all in rural New Zealand

“Brent and Cathy have their own piece of paradise, Retreat 480, hidden amongst the forest on the north-east coast near Ngunguru. H&E tracked them down to find out more...”

Brent and Cathy and their naturist B&B in Ngunguru are featured in the July 2026 issue of H&E magazine.

Following purchase by new owners the H&E magazine is now digital only, and printed magazines for new editions are no longer available. The H&E website is also undergoing an overhaul at the time of writing this and appear to be only semi-operational and sometimes offline.

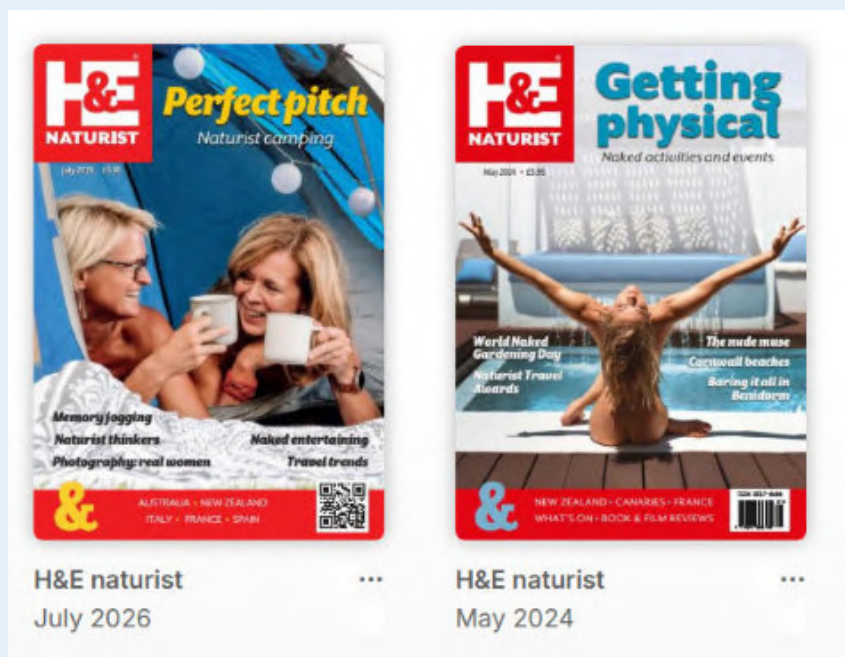
However, you can buy singles issue of H&E magazine from this link
<https://pocketmags.com/us/he-naturist-magazine/issues>



For \$4.99 (USD). Upon purchase the magazine is available to you from the website to you, or the PocketMags app.

So be sure to check out the July issue containing Brent and Cathy’s article...and while you’re there also grab the May 2024 issue which contains Chris Moore’s article “A breath of fresh air – Chris Moore enjoys the naked freedom of New Zealand” where Chris talks of his naturist travels through NZ, including stopping at NSC, WNC and AONC.

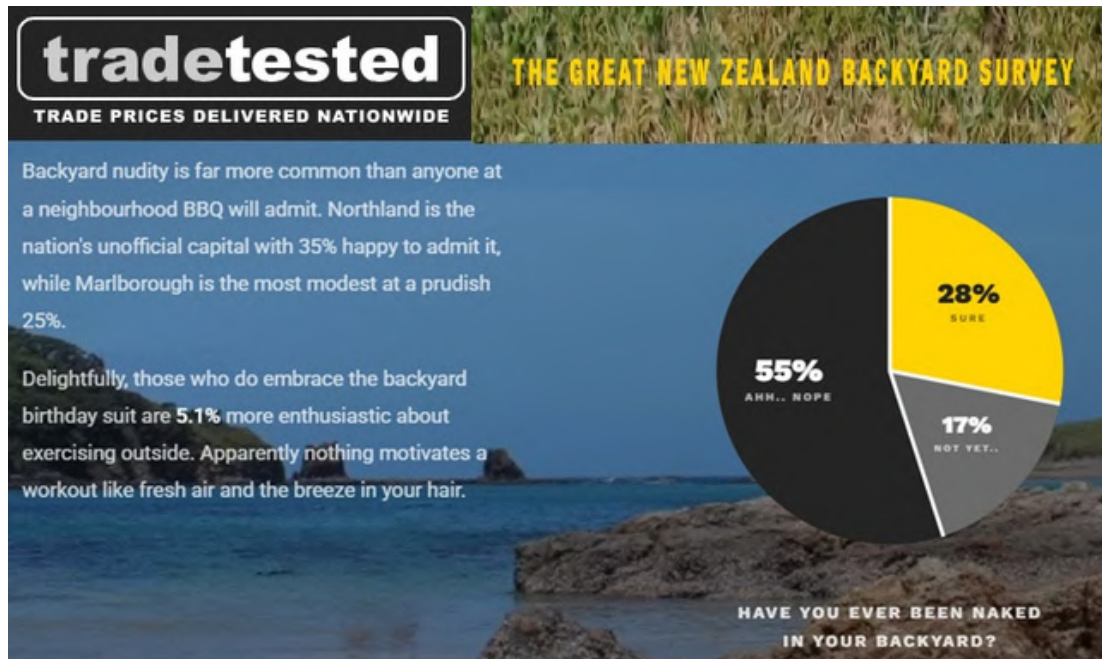
Dion



You can find Brent and Cathy’s naturist B&B at this link
<https://www.airbnb.co.nz/rooms/737153204915599612>

“Tradetested” conducted the largest survey about backyards in NZ history – asking Kiwis questions about lawn length, preferred trees, backyard activities and more....but interestingly one of the questions asked “Have you ever been naked in your backyard?” to which 28% of the 8,000 surveyed said “Sure”. Another 17% said “not yet” indicating that they aren’t completely ruling out the idea of being naked in the backyard in the future.

<https://www.tradetested.co.nz/great-nz-backyard-survey/results>



Sofie Louise from Stuff.co.nz wrote an opinion piece on the findings above

<https://www.stuff.co.nz/culture/361010452/bare-backyard-regions-most-and-least-likely-get-nude-outdoors>

Our first nudist MP?

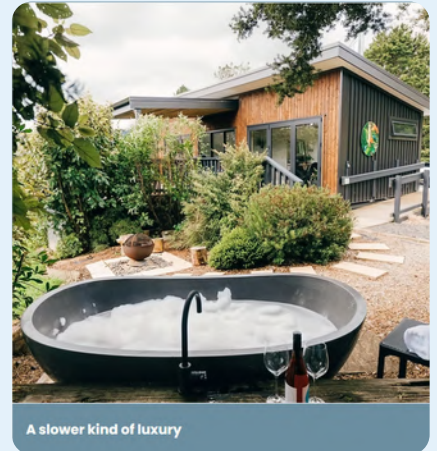
Famous and iconic long-time broadcaster Paul Henry has announced he will be running as candidate for the ACT Party. Henry has long been open about being a nudist (he specifically identifies as nudist, not a naturist according to him) – read more

<https://www.nzherald.co.nz/nz/acts-paul-henry-shares-his-thoughts-on-nudism-politics-and-whether-hes-ready-to-face-scrutiny/BAS2DFGNZNHLDC76YHGOUBNPCU/>

Dion

My name is Alanna Aarts, and together with my husband Mark, we own Hidden Springs Retreat, a boutique accommodation retreat nestled in native bush near the beautiful Karangahake Gorge in the Waikato.

Our retreat consists of just two luxury, self-contained lodges, each positioned to provide a peaceful and secluded escape. Surrounded by native bush, birdsong, walking tracks and complete privacy, Hidden Springs has been designed as a place where guests can slow down, reconnect with nature and simply relax.



While we welcome guests from all walks of life, we understand that privacy is particularly important to many members of the naturist community. The lodges are situated well apart from one another, with their own outdoor spaces, private decks and outdoor baths, creating an environment where guests can unwind comfortably within their own accommodation area.

We simply ask that all guests remain respectful of others by keeping to the private area surrounding their own lodge, as there are shared walking tracks connecting the properties.



Mountain View Lodge

A private one-bedroom lodge with space to exhale. Slow mornings, long looks outward, and an easy sense of distance from the world.



Tui's Crest Lodge

A private one-bedroom lodge tucked into the bush — close to the birds and the stillness. Designed for deep rest and simple presence

You can learn more about Hidden Springs at: www.hiddensprings.co.nz

Alanna Aarts
Hidden Springs

NATIONAL FEDERATIONS DEFEND NATURIST SPACES IN SPAIN AND FRANCE

Spain: Success in Asturias after sustained advocacy

In Asturias, northern Spain, the Spanish Naturist Federation (FEN) successfully helped overturn an outdated municipal ordinance in the municipality of Cudillero which had prohibited nudity since 2016.

The issue came to light after two naturists, Heike and Sergio, were asked to dress while using a local beach. After repeated attempts to obtain answers from the authorities, representatives of the federation secured a meeting with the Mayor in March 2026 and obtained a commitment that the ordinance would be amended.

The campaign was strengthened by formal complaints submitted to the Defensor del Pueblo (Spanish Ombudsman), whose intervention prompted the municipality to act. As reported by La Nueva España, the change has now been approved, meaning naturism is once again recognised on the affected beaches.



France: Agreement reached at Villeneuve-lès-Maguelone

Meanwhile, in southern France, the French Naturist Federation (FFN) has successfully negotiated the restoration of a naturist area at Villeneuve-lès-Maguelone, near Montpellier.

Following a municipal decision that altered the existing naturist arrangements on the beaches, representatives of the FFN, together with members of the local community and the CS Languedoc association, met with elected officials to seek a solution. The discussions resulted in a constructive compromise. More than 500 metres of the beach at Prévost will once again be available for naturist use, under the management of an FFN-affiliated association which is now being established.

The outcome demonstrates the importance of dialogue, cooperation and local volunteer involvement in safeguarding naturist access.

NZNF PERSONNEL



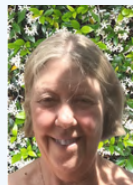
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FROM THE EDITOR



Articles for the October/November issue are due on 15 September



NZNF CLUBS/PARKS/GROUPS IN NZ

Auckland	Auckland Outdoor Naturist Club Auckland Sun Club Counties Sun Club	www.aonc.nz www.asc.gonatural.co.nz www.countiessunclub.com
Waikato	Waikato Outdoor Society	www.waikato.gonatural.co.nz
Bay of Plenty	Katikati Naturist Park	www.katikati-naturist-park.co.nz
Rotorua/Taupo	Rotota Sun Club	www.rotota.co.nz
Hawkes Bay	Hawkes Bay Naturist Club	www.hawkesbay.gonatural.co.nz
Manawatu	Manawatu Naturist Club	www.manawatunaturistclub.org
Taranaki	Taranaki Naturist Club	www.tnc.gonatural.nz
Wellington	Wellington Naturist Club	www.wnc.nz
Nelson	Nelson Naturist Park	www.nelsonnaturistpark.co.nz
Christchurch	Pineglades Naturist Club	www.pineglades.gonatural.co.nz
South Canterbury	South Canterbury Sun Club	www.scsc.gonatural.co.nz
Central Otago	Alpine Lakes Naturist Club The Orchard Naturist Club	www.alpinelakes.gonatural.co.nz www.orchard.gonatural.co.nz
Southland	Southern Naturally	southernnaturally.gonatural.nz
National	Free Beaches	www.freebeaches.org.nz
	Nudvan	nudvan.gonatural.co.nz
Affiliates	Bay of Plenty Camp	https://bopsc.gonatural.co.nz/
	KCs Retreat	https://kcsretreat.co.nz/

NZNF WEBSITE

www.gonatural.co.nz

INF WEBSITE

www.inf-fni.org

NATURIST LINKS

ANaturistWorld anaturistworld.com
NakedWanderings www.nakedwanderings.com
Naturist Friendly B&B airbnb.co.nz/h/retreat480

SOCIAL MEDIA



NZNF FACEBOOK GROUP

Join the new NZNF **PRIVATE** Facebook group:
facebook.com/groups/nznaturistfederationgroup



MeWe NZNF MEWE GROUP

MeWe offers a social media platform free of censorship:
mewe.com/join/newzealandnaturistfederation1



NZNF INSTAGRAM

instagram.com/nz.naturist.federation



NZNF BLUESKY

<https://bsky.app/profile/gonatural.bsky.social>