



gonatural

NEW ZEALAND NATURIST FEDERATION



A beautiful love story



Read more inside!

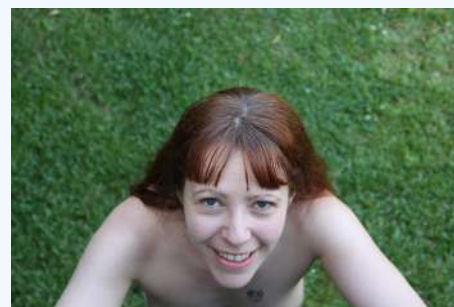
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This week has been quite eventful, so brace yourself for a lengthy update 😊. To start, Murray Nash was recently appointed as the Marketing Manager, but he unfortunately resigned shortly thereafter. We were surprised by this news, as Murray sent his resignation to the NZNF Executive just moments before sharing it with all the clubs, without prior discussion with me or the executive. While we respect and accept Murray's decision to step down, having a conversation beforehand would have allowed us the chance to communicate and understand his reasons better.



But on a personal note, I have always considered Murray a good friend over the years, as have many others, and we are incredibly grateful for all the contributions he has made to the NZNF movement over the years, which are too numerous to list here!

Regrettably, Jo, our Secretary, has also chosen to resign. The NZNF Executive held a Zoom meeting shortly after to discuss Jo's decision, during which she reaffirmed her desire to proceed with her resignation for her own personal reasons, which we fully respect and support. Jo has served as NZNF secretary for over three years, and I remember her being elected to the position when I first started as the Marketing Manager. Despite having no previous experience, she embraced her role with dedication and quickly adapted. We would like to extend our heartfelt thanks to Jo for her years of service with the NZNF, and she will surely be missed!

It is never pleasant when there are resignations, but in a volunteer-run committee, it does sometimes happen. As people put their hand up out of their own choice and diligently offer their free time and energy to the naturist cause. At the same time, we also have to accept if they are unable to continue with this commitment and support them in their decision.

That said, the show must go on. Regarding the Marketing Role, as there is no immediate need to replace this position, the executive has discussed the matter and feels it is essential to first establish clear guidelines and responsibilities for this role, as it can be challenging and somewhat ambiguous for any volunteer.

There are various aspects of marketing to consider, but rest assured, even though we have been without a Marketing Manager for the past four months, I have conducted five interviews on naturism this year that have come my way, including two radio interviews ([Radio NZ](#) and [More FM](#)), an article on [stuff.co.nz](#), a podcast <https://nakednudistsandnaturists.com> (available to listen to on June 9th and 15th), and an upcoming article for Take 5/Lucky Break Magazine, which should be hitting stores sometime soon.

As for the secretary position, we are grateful to have had two candidates express their interest, and I am pleased to announce that Jeremy Kelleher has been co-opted as the NZNF secretary for the remainder of the year. Many of you know Jeremy; he has been the SIVP for four years and is an experienced, cheerful, and all-around nice person. We are thrilled to have him on board!

I would also like to take this opportunity to thank the other members of the NZNF Executive: Paul, Andrew, Kathy, Andy, Dion, and Alex, for their time and effort amidst their busy lives.

Moving on to the next topic: the NZNF's half-year meeting is scheduled for July 19th at the Auckland Outdoor Naturist Club (AONC), starting at 9:30 am. This meeting allows NZNF executive members from across New Zealand to gather in person, as we primarily rely on Zoom meetings throughout the year. Although the half-year meeting is not an AGM, anyone is welcome to attend as an observer. If you would like to have a topic discussed during this meeting, please send your correspondence in advance so we can include it in the agenda.

The NZNF's Annual General Meeting at the end of the year is still being finalized, but we will share more details with you once arrangements are complete.

Following Pineglades' amazing festival last year, I am putting word out there for any club who may want to consider hosting the next NZNF Festival in 2026/2027. It can be held over a week, or even just a few days. Considering our simple lifestyle as naturists and the fact that we rely solely on volunteers – a festival should be made to suit whatever we want it to be, and what we want to gain from it. It would also be great to think of ways to possibly accommodate little ones at a festival – as that may encourage some families to attend (yes, there are several families with little ones in naturism 😊).

I want to end off by saying that we are delighted to hear from some of the clubs in how their membership numbers are growing really well. A question the media often asks is why do we choose to be naturists. But this got me thinking: shouldn't the question be the other way around? Why would anyone not be a naturist? Naturism is to be in one's natural state. "Society" just has it the wrong way around. But, so long as we keep believing in what we stand for, we can pull more and more people into our world, a world of natural state and acceptance, free of shame for who we truly are. A world that everyone should belong to.

I am writing this before Easter weekend, but as it will be published after Easter, I hope that you had a wonderful and safe Easter Break and got to spend some time with your friends/Whanau/fellow club members.

Cheers
Alice

Percy Cousins Trust Update



On behalf of the Percy Cousins Trust we would like to thank the attendees at the Pineglades festival for the generous donations, in particular Nelson Club and Keith and Sarah for organising the race night. Thank you all so much and a break down of the wonderful efforts is below.

Attendees donations \$655.00
Race Night \$900.00
NSC Raffle \$910
Total \$2545

We are so appreciative of all the efforts to help us maintain the trust for the benefit of clubs.

Also a reminder to clubs that have applied for grants please submit your receipts and claim form to donna.miller@gmail.com as soon as completed.

EVENTS COMING UP

18 May/ 22 June	WNC Life Drawing
21 June	Take the Plunge
19 July	NZNF Half Year Meeting, AONC
26/27 July	ALNC Naked Dinner & Polar Plunge
October/November	WNC 75th Anniversary

Let us know if there is an upcoming date you would like to include

A shared calendar has been added to the NZNF website, so that clubs have visibility of other clubs' events. The calendar is at the bottom of the events page:

<https://gonatural.co.nz/news/17/11/Upcoming-events/>

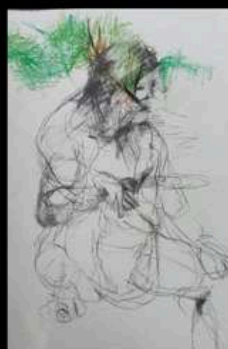
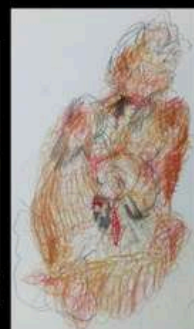
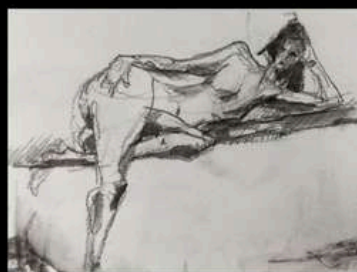
If you would like your event added please email Dion: webmaster@nznf.nz



LIFE DRAWING @WELLINGTON NATURIST CLUB

Sun 18th May 11am-
Sun 15th June 3pm

Life drawing with a difference.
You can choose between modelling for the artists,
or being an artist, drawing the models,
or - of course - swap between the two.
Bring your own art materials, or use what's provided.
You don't have to be good at drawing - just enjoy doing it.
Some instruction and tips also given if required.
Rain or shine. Join in on creating the art of the nude.





Take the Plunge

with the
New Zealand
Naturist Federation

on

21 June 2025

Calling all naturists brave enough, dive into a winter solstice Polar Plunge in the buff! Whether at your club's pool, the ocean or a lake, join in from all corners of New Zealand, solo or with mates. Don't forget to snap some chilly pics to share, if you or your club dare!





ALPINE LAKES NATURIST CLUB

Invite you to join us for

THE NAKED DINNER 2025 PORTOBELLO HOTEL

2 Harrington Point Rd

Portobello, Dunedin

26 July 2025 6 pm onwards

Cost : \$75.00 per person

To book or enquire Contact

Lynn 0224572352

lynn.russ@xtra.co.nz

Payment will need to be made by the 12 July to bank account Alpine Lakes Nudist Centre ANZ 11 8570 0092732 11. Unfortunately refunds for cancellations can not be made without 7 days notice prior to the event. Tony and Sarah are our hosts for the evening and guarantee you will all have a great evening. Seating is limited so get cracking and book yourself a seat. The team at Alpine Lakes N/C look forward to seeing you all.

Doug Ball a stalwart of New Zealand naturism died in New Plymouth on 1 February at the age of 96. Doug was a remarkable guy who lived by his beliefs and was physically and mentally active until almost the end of his life.

I, Kevin, first met Doug when he was my 6th form physics teacher at New Plymouth Boys High School in 1963. Doug was also the teacher in charge of the school tramping club at the time I took up my lifelong interest in tramping. He was also doing serious alpine climbing at the time and was able to teach club members snow climbing techniques on Mount Egmont/Taranaki.

We, Joan and I, again crossed paths with Doug and his wife Peggy when we were handling the registrations for a NZNF rally at the Wellington club in the early 1980s. It was great to meet them both at the rally. Doug was a keen photographer and used that skill to illustrate the many articles he wrote for the New Zealand Naturist about naturist events and their travels within New Zealand and overseas. Unfortunately Peggy passed away some years ago which left a big hole in Doug's life.



Haurata 2014

At the time I was Public Relations Officer for the NZNF I persuaded Doug to be the escort around NZ for David Ball (no relation) the British naturist video maker. It took an immense amount of patience by Doug being a person who liked to get out of bed early in the morning and get stuck into things whereas David liked a leisurely start to his day. The result of the effort was the video 'NZ Naturally' which at the time was a valuable tool promoting naturism.

The other times we shared with Doug was when we combined our mutual love of naturism and tramping. A group of us over successive years did the circuits around Lake Waikaremoana, Mount Ruapehu, and Mount Egmont/Taranaki. We had interesting discussions about naturism with some of the people we met none of whom seemed phased by the group's lack of clothes – a conclusion confirmed by Joan and my ongoing naturist tramping.

Kevin Sampson



Doug in his happy place
Mt Taranaki 2008

I first met Doug and Peggy at NZNF rallies taking official photos. With the common interest of articles and photos for Naturist magazine we kept in touch. About six weeks after Peggy died I phoned Doug and suggested a tramping trip. "ok, where are we going?" He was good company as part of the Nude-tramps group (look on the NZNF website for stories). Our trips were in NZ, some tough tramps, with various organisers and later two glamping trips organised by Doug (packs carried by rural delivery to our next overnight spot). Doug became very proficient at having light-weight gear for the tough tramps.

Climbing Mt Aspiring at age 79 made him the oldest person to do this, at the time. Overseas beckoned, with a number of trips mountain climbing in the European Alps, accompanied by a NZ guide, then continuing his tours to naturist resorts. I saw him reading a novel written in French, as he was learning the language! He also joined with other naturists from around the world on NEWT (Naturist European Walking Tours). One of the USA people on a NEWT had read my Naturist Magazine articles on tramping, and asked Doug if he knew me. "He's my best friend!" said Doug to the astonished hiker.

My last big climb with Doug was February 2012, Doug age 84, a long day leaving before dawn, and returning after dark. We reached the summit of Mt Egmont (Taranaki). Doug left me in his dust on the last piece from the crater rim to the top - I guessed he thought he would never be there again.

A sad loss, but not unexpected. He won't run a marathon at age 100 as he planned many years ago. I'm the better for having known him as a friend.

Graham MacGregor



So why a naturist wedding?

Well this is our authentic life. Johan and I are natural. Born naturists we met at the club. We fell in love at the club. We spend our weekends at the club . We have a cosy cabin. Our friends are the members. Naturism gives you a sense of belonging, it just enhances our life so we don't spend our weekends sitting at home alone watching Netflix. We are here in our beautiful grounds with people that over the years have become like a second family to us .

We are doing events, working at working bees, staying active, shared bbqs, karaoke nights, games nights , bingo and sports weekends, we are having a lot of laughs, we are volunteering our time feeling like we really belong to something and that is really special. This family feel is something that you just don't get with any old sports club oh and you don't have to worry about what your wearing hehe.

Naturism really does make your life busy and exciting.

Eileen Smith



Eileen and Johann have been members at AONC for years and got married in February on the club grounds at AONC. They had a naturist wedding under their favourite umbrella love tree, where a lot of members and a few of their family members attended. Afterwards, they served delicious finger foods at the bar and shouted the guests a few drinks, whilst Hamish, one of our members who is a musician, played live music. A beautiful love story.

Alice

WELLINGTON NATURIST CLUB



Marie Verschoor, Life Member at Wellington Naturist Club passed away on 9 April 2025. Marie along with husband Rob and family joined WNC in January 1968.

Right from the time they joined, Marie got involved in many club activities and served on the committee in various roles. She was a talented artist, her large mosaic adorns the club entrance, Disney characters top the swings and wooden birds can be found in the trees around the stream. Marie's craft sessions were always very popular at both the club and at Festivals. She was a very caring member and a good sounding post. Always a cup of tea ready when you visited their cabin.

Marie and Rob enjoyed visiting other naturist clubs and have many life-long friends around NZ and overseas.

Over 40 members and ex members attended Marie's funeral, a stunning tribute to the wonderful person you were Marie. We will all miss you heaps.



A record year for visitors

WNC recently purchased its fifth cabin from members who recently left the club. The cabin sleeps two with a separate bedroom. It has already been very popular with members and visitors.

So why not try out our new cabin next time you are in Wellington.

Book online: <https://www.wellingtonnaturists.co.nz/accommodation.php>

New Plant nursery providing valuable shade and shelter for our seedlings. The nursery is already chock full of plants, mostly natives. The Garden Group is now planning ahead for showcasing its grounds for the club's 75th Anniversary later this year.



CELEBRATING ST PATRICKS DAY AT AONC

St. Patrick's Day at AONC was a grand old time, as always. The weather was as fine as a fiddle, so the lads and lasses wasted no time getting the club decked out in proper St. Paddy's style. Shamrocks and rainbows adorned the area, turning the spot into a little slice of Ireland. Jo, our legendary bar manager, made sure the bar stocked classic Irish tipples such as Guinness and Kilkenney and the drinks flowed like the River Shannon!



Rachael, Edwin, Alice, Eileen, Tori and Beth.



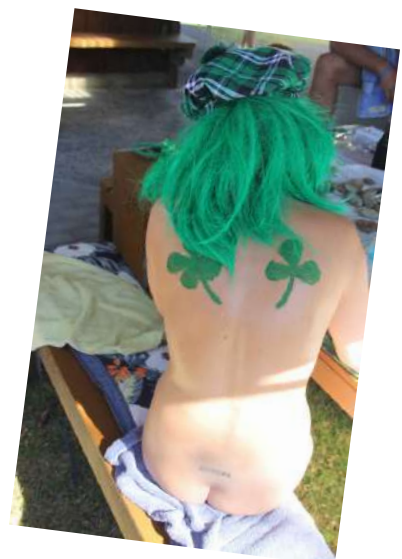
Alice and Eileen

The club members came out in full force, sporting green from head to toe. Some went all out with the costumes, while others got creative with body paint—looking like they'd just stepped off a float in the Dublin parade! Even the little ones were getting into the spirit, with a rock painting activity that had them buzzing with excitement.

But it was the bubble chase that really had everyone in stitches. The kids were supposed to be the ones running after the bubbles, but it was the adults who couldn't get enough of the bubbly madness. Sure, there was more running and laughing than any of us expected, but who could resist a bit of fun, especially when the craic was mighty?



Alice, Dion and Edwin



It was a day filled with good company, great drinks, and plenty of laughs. It's safe to say, if you weren't at AONC for St. Patrick's Day, you were missing out on a proper Irish celebration. Sláinte to all who made it—till next year!

Dion

Having a Murray River Cruise still on our bucket list, we decided March would be a good time to go to Adelaide. With South Australia being home to a number of famous wine regions, along with several naturist clubs and nude beaches, it seemed the perfect place to go.

As wine experiences were high on our agenda, we took a rental car and headed off to the Clare valley for two nights, before moving down to Tindo Naturist Club in the Barossa Valley. We had booked their guest cabin online which was very comfortable, with a fridge, table and chairs and very comfortable bed. The ablution block and clubhouse was only a short walk away and the pool was a welcome relief from the heat as the temperature mostly did not dip below 30 degrees.



Tindo

After driving back to Adelaide we joined the cruise and were taken by coach to Mannon, the departure point of the Murray Princess paddle steamer.

On arrival back in Adelaide we met up with Paul and with a rental car, we set off on a 4.5-hour drive south towards Robe. The trip included several gravel roads, a bone-shaking experience for June in the back seat!

We eventually arrived at Sunland Holiday Village to be met by the owner, Mandy. The resort is located beside the coast and was set up by her parents in the 70s. It is a large site with many walking tracks and wildlife including wombats, emus, kangaroos and birdlife.

Mandy and her partner live on site and several permanent residents have their own houses as well. There are also many privately-owned caravans and large areas available for visitor's tents and motor homes. We rented a two-bedroom house, set up with all amenities including running water and flush toilet. This turned out to be a good decision as the ablution block was a distance away from our accommodation.

Despite the name, this is very definitely a naturist resort. The club house is well maintained with a large kitchen, indoor and outdoor dining, bbq facilities and a lounge with a library and pool table. There is also a solar-heated swimming pool, a spa and sauna available. We had a great stay and can highly recommend Sunland as a place to chill out in a naturist environment. Sunland welcomes visitors but bookings must be made in advance.



Sunlands

Visitors must bring all their supplies as the nearest supermarket is a 30-minute ride over a gravel road to Robe.

After five nights at Sunland we drove to the McLaren vale where we stayed at a Big 4 Holiday camp. The camp was walking distance from the well-known Maslins Beach, South Australia's first naturist beach.

While there we also took the opportunity to meet up with Shazz Weaver, President of the Australian Naturist Federation so we could discuss matters of mutual interest concerning naturism in Australia and New Zealand.

June Campbell-Tong



June and Paul at Maslins Beach

KIWIBURN 2025

Another Kiwiburn has come & gone with again the Burner Bum Sun Club on the paddock promoting naturism.

After our debut last year we were back bigger & better this year. We had more people camping with us & changed the layout of our structure. This year we divided the structure in two, with the front part being the public space used for the naked yoga, life drawing, seminars & a chill out area. The back part was for our campers with a communal kitchen & area to socialise together.



This year we also set up a nude beach with a tiki bar on the paddock. From the tiki bar we were giving away cocktails to passers by and had space, with some beanbags, for people for relax. Thanks to a couple of dedicated campmates (Boris & Pete) the bar was open for most of the days & was a great chance to chat to burners about naturism, body positivity & the joys of going nude wherever possible.

The nude beach area also had a pacific island beach scene with an irrigation hose above that produced a fine mist at the push of a button from the barman. This was really appreciated on the first few days when the temperature was nice & warm. People would come in, get a cocktail, stand under the mist to cool off & relax for awhile on the grass or beanbags. It made for a great chance to chat to people.

Autumn Farm stroll with Tsai

Autumn Farm, beautifully established since the 1980s is the focal point for naturists in Golden Bay on the top of the South Island. Tsai, well known to many southern naturists, is once again staying here taking part in the annual World Naked Bike Ride – a popular March weekend event (for the last 21 years) attracting riders, tourists and locals.

Autumn Farm is open to all naturists, it's private yet close to Takaka and is a real working environment where waste and energy use is taken seriously and effectively. Its open bathhouse alone is a visual delight of art in harmony with the expansive lush grounds set up for camping, cabins, lodge and a dorm room.

Tsai is walking us about the grounds today, playing up to the camera as she does and often making a grab at the hanging fruit which is just everywhere at this autumn time. The tour took many hours due to the distractions of visitors offering conversation and wines! Finally with her hammock on her back she is off, talking of next autumn's plans....

Pete and Peter welcome all naturists to stay year round (excluding a mens only week in February). Information is on their website <<https://www.autumnfarm.com>> or give them a call on 03-525 9013.



Entrance



Cabin Tour



Farewell, till next time

No ifs, only butts: If you don't strip off on this beach, you're going to be banned.

Germany has a long history of naturism, or Freikörperkultur (free body culture).^{123RF} Officials in the German city of Rostock have issuing a crackdown on clothed visitors harassing and intimidating naturists on its famous beach.

The new rules allows beach wardens to ban people who insist on wearing clothes on the strips of sand designated for nudists only.



Rostock has 15km of beaches which are divided into naturist-only, mixed and 'textile-only', reported CNN.

Rostock Tourism's Moritz Naumann told CNN the bans have been introduced because of "numerous complaints from people who felt harassed in the naturist (or nudist) areas".

Germany has a long history of naturism, or Freikörperkultur (free body culture). Starting in the late 19th century, the movement promotes a healthy lifestyle through being nude. But Naumann has seen a decline in naturists in Rostock: "Therefore, we have reduced the number of naturist beaches from 37 to 27 blocks with the new regulation."

It's not only in Germany that naturism is in decline.

Nudists are campaigning against clothed tourists

Last year in Catalonia, there were calls for increased signage on nude beaches and a public awareness campaign to combat growing tourism and social media influence. Local Segimon Rovira claimed many naturists were no longer going to some beaches due to smartphone-wielding tourists: "There are nudists who have stopped going to some beaches because they are too crowded and there are too many people wearing swimsuits and they feel uncomfortable."

Here in New Zealand, there are no specific laws against being nude on a beach. Last year, Little Palm Beach on Waiheke Island was listed by CNN as one of the world's best beaches to get naked on.

NZNF CLUBS/PARKS/GROUPS IN NZ

Auckland	Auckland Outdoor Naturist Club Auckland Sun Club Counties Sun Club	www.aonc.nz www.asc.gonatural.co.nz www.countiessunclub.com
Waikato	Waikato Outdoor Society	www.waikato.gonatural.co.nz
Bay of Plenty	Katikati Naturist Park	www.katikati-naturist-park.co.nz
Rotorua/Taupo	Rotota Sun Club	www.rotota.co.nz
Hawkes Bay	Hawkes Bay Naturist Club	www.hawkesbay.gonatural.co.nz
Manawatu	Manawatu Naturist Club	www.manawatunaturistclub.co.nz
Taranaki	Taranaki Naturist Club	www.tnc.gonatural.nz
Wellington	Wellington Naturist Club	www.wellingtonnaturists.co.nz
Nelson	Nelson Naturist Park	www.nelsonnaturistpark.co.nz
Christchurch	Pineglades Naturist Club	www.pineglades.gonatural.co.nz
South Canterbury	South Canterbury Sun Club	www.scsc.gonatural.co.nz
Central Otago	Alpine Lakes Naturist Club The Orchard Naturist Club	www.alpinelakes.gonatural.co.nz www.orchard.gonatural.co.nz
Southland	Southern Naturally	southernnaturally.gonatural.nz
National	Free Beaches Nudvan	www.freebeaches.org.nz nudvan.gonatural.co.nz



NZNF WEBSITE

www.gonatural.co.nz

INF WEBSITE

www.inf-fni.org

NATURIST LINKS

ANaturistWorld	anaturistworld.com
Naked Wanderings	www.nakedwanderings.com
Hauraki Naturally	www.haurakinaturally.nz
Naturist Friendly B&B	airbnb.co.nz/h/retreat480
KCs Retreat	www.kcsretreat.co.nz

SOCIAL MEDIA

NZNF FACEBOOK GROUP



Join the new NZNF **PRIVATE** Facebook group with this link:

facebook.com/groups/nznaturistfederationgroup

NZNF MEWE GROUP



MeWe offers a social media platform free of censorship:

mewe.com/join/newzealandnaturistfederation1



NZNF INSTAGRAM

Follow us on Instagram

instagram.com/nz.naturist.federation



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FROM THE EDITOR



It's hard to believe that we are in May now and planning for Matariki and Winter Solstice, our shortest day. We would love to see how you celebrated the occasion for the next issue.

Remember that we rely on your content for the newsletter, so please share any naturist activities, news, etc, with us . **Articles for the next edition July/August, are due by 15 June** to: editor@gonatural.co.nz

Thanks - Judith Mercer



Bye Bye
Ka Kite